November 2026

Therapeutic Recreation Programs for Heritage Trail & Rose Garden

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Jorja – Recreation services  Daylight Saving Time Ends	**2** 9:30 Mass Please Note that Falls Prevention sessions are Monday Wed Friday at 11:00 am for Rose Garden. And, Monday Wednesday Friday at 2:00pm for Heritage Trail	**3** 9:30 Mass **10:30** Short stories HT **11:30** News & Reviews RG **2:00** Bethel Gospel in Auditorium HT & RG	**4** 9:30 Mass **10:15** Word Mining HT **11:30** What Am I? RG **2:00 Live Music** with John & Sheila Ludgate in Aud	**5** **Dave Evening** 9:30 Mass **2:00** Bingo HT **3:30** Bingo RG **5:30** Scrabble HT **6:30** Travelogue Britain RG	**6** Jorja – Recreation services 10:30 St. Paul's United Service (Chapel) 	**7** **10:30** Walk n talk HT **11:30** Café social RG **2:00** Karaoke HT **3:30** Harvest Tea social
8 10:00 Mass **10:30** Spiritual Eldercare HT **10:30** Friendly Visits **11:30** Spiritual Eldercare **11:30** Friendly Visits **2:00** Harvest Tea HT **3:30** Disney Movie RG Diwali (Hindi)	**9** **Dave Evening** 9:30 Mass **1:30** Remembrance Day facts HT **3:00** Remembrance Day Short Stories RG **5:30** Board game of choice HT **6:30** Guided Relaxation RG	**10** 9:30 Mass Jorja Recreation Services 	**Remembrance Day** **11** 9:30 Mass **10:45 Remembrance Day Service (Chapel) HT & RG** **2:00** Canvas Painting HT **3:15** Group Walk RG **6:30** Men's Club (CnL) Veterans Day Remembrance Day (Canada)	**12** 9:30 Mass **10:15** Mindfulness HT **11:30** Music & Motion RG **2:00** Ball Toss & Hoops HT **3:15** Card game RG	**13** **10:15** Poetry Reading HT **10:30** Grace Valley Church Service (Chapel) **12:00** Friendly Visits RG **2:00** Phrases/word mining **3:15** Quarter Bingo	**14** Jorja – Recreation services **2:00 Live Music** with Mike Thorton (Aud) 
15 Jorja- Recreation Services 10:00 Mass	**16** 9:30 Mass **10:15** Finishing Phrases & Who Am I? (HT) **11:30** Name that item, Name that Country RG **2:00** Cookie baking HT **3:30** Horse Races RG	**17** 9:30 Mass **10:15** Ball kick, Hoop toss HT **11:30** Music & Motion RG **2:00** Bingo Villa wide HT, RG (Aud)	**18** 9:30 Mass **10:15** Tea & (group baked) Cookies HT **12:00** Walk n talk RG **2:00** Resident's Council (Virtual) HT & RG **3:00** Self reflection collage RG	**19** **Dave Evening** 9:30 Mass **1130-12:30** Dave Office time **1:30** Holiday Fair visit (Aud) HT, RG **3:30** Colouring Group HT **4:30** Current Events/Coffee News RG **630** Board game of choice HT	**20** Jorja Recreation Services 10:30 Presbyterian Service (Chapel) 	**21** **10:00** Bocce Ball HT **11:00** Axe Throwing RG **2:00** Creative Crafts HT **3:15** Snooezelen Sessions RG
22 10:00 Mass **10:30** Spiritual Eldercare HT **10:30** Friendly Visits **11:30** Spiritual Eldercare **11:30** Friendly Visits **2:00** Price is Right HT **3:00** Nature Scope Documentary RG	**23** **Dave Evening** 9:30 Mass **2:00** Brain Busters/Funny short stories RG **3:00** Music for the Soul HT **5:30** Colouring group HT **6:30** Over/Under Card game	**24** 9:30 Mass Jorja- Recreation Services 	**11:30 TR Meeting** **25** 9:30 Mass **10:00** Hang-Man & Trivia HT **11:45** Aroma Therapy RG **2:00 Live Music** with Jimmy Kajura (Aud) **6:30 Men's Club (CnL)**	**26** 9:30 Mass **10:00** Quips & Jokes HT **11:30** Hoops and Kicks, ball play RG **2:00 Live Music** Terry Carter on 2 North HT For RG as well. Thanksgiving Day (U.S)	**27** 10:30 Anglican Service (Chapel) **10:00** Friendly 1:1's RG **11:00** Café visit/library HT **2:00** Manicures HT **3:30** Manicures RG	Jorja Recreation Services **28** **2:00 Black Diamond String Band (Aud). Live Music !**
29 Jorja Recreation Services 10:00 Mass 	**30** 9:30 Mass **10:15** Buzzword & Trivia HT **11:30** Coffee News & Trivia RG **2:00** UNO card game HT **3:30** Trivia & You Be The Judge RG					

Legend: **Aud-** Auditorium **CnL- Conservatory Lounge** **HT- Heritage Trail** **RG- Rose Garden** **Recreation Therapist: Dave** **Email: BalDav@sjv.on.ca**