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November 2026

Therapeutic Recreation Programs & Services Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 **TG 10:15 Falls Prevention** **BT 12:45 Falls Prevention** **BT 1:30** Bingo **TG 3:15** Mani Mondays	3 **TG 11:45** Discussion Group **BT 1:45** Remembrance Day Craft **TG 3:30** Darts **BT 6:00** Bowling Night	4 **TG 10:15 Falls Prevention** **BT 12:30** Walk'n'Talks **BT 12:45 Falls Prevention** **2:00 John & Sheila Ludgate Show *aud*** **TG 6:15** Yahtzee	5 	6 **BT 9:30** Fancy Friday **TG 10:15 Falls Prevention** **TG 11:00** Brain Games **BT 12:45 Falls Prevention** **BT 1:30** This Day In History **TG 3:15** Poppy Making	7 **BT 9:30** Morning Mingle **TG 11:00** Music Selection **BT 2:00 Bowling Alley!** **TG 3:15 Bowling Alley!**
8 **BT 9:30** Spiritual Eldercare **TG 11:00** Virtual Church **BT 1:30** Hangman **TG 3:15** Who, What, or Where?	9 **TG 10:15 Falls Prevention**  **BT 12:45 Falls Prevention**	10 **BT 9:30** Snoezelen Visits **TG 11:00** Spa Sessions **BT 1:30** Bocce Ball **TG 3:15** Giant Balloon Toss	11 **BT & TG 10:45 Remembrance Day Ceremony** *chapel & virtual on RHA* **BT 12:45 Falls Prevention** **TG 12:30 Dine-In Lunch**	12 **BT 9:30** Manicures **TG 11:00** Colouring Club **BT 1:30** Bean Bag Toss **TG 3:15** Moving With Music- Exercise	13 **BT 9:30** Snakes & Ladders **TG 10:15 Falls Prevention** **TG 11:00** Travelogue **BT 12:45 Falls Prevention** **BT 1:30** Shop Visits **TG 3:15** Bingo	14  **2:00 Mike Thorton Show *aud - independent***
15 	16 **BT 9:30** Mani Mondays **TG 10:15 Falls Prevention** **TG 11:00** Horse Racing **BT 12:45 Falls Prevention** **BT 1:30** Bingo **TG 3:15** Brain Game	17 **TG 11:45** Balloon Toss **2:00 Villa-Wide Bingo *aud*** **BT 5:00 Dine-In Dinner**	18 **TG 10:15 Falls Prevention** **BT 12:45 Falls Prevention** **BT 12:30** Music In The Moment **2:00 Resident's Council Meeting** ***Virtual on RHA*** **TG 6:15** Bowling Night!	19 **10:00 - 3:30 Annual Holiday Fair *conservatory, auditorium & education room***	20 **BT 9:30** Crazy 8s **TG 10:15 Falls Prevention** **TG 11:00** Reminiscing **BT 12:45 Falls Prevention** **BT 1:30** JAVA Music **TG 3:15** Snoezelen Sessions	21 **BT 9:30** Cranium Crunches **TG 11:00** Spin The Wheel Game **BT 2:00 Bowling Alley!** **TG 3:15 Bowling Alley!**
22 **BT 9:30** Hymn Sing **TG 11:00** Spiritual Eldercare **BT 1:30** Sunday Spa **TG 3:15** Library Visit	23 **TG 10:15 Falls Prevention**  **BT 12:45 Falls Prevention**	24 **BT 9:30** Seated Exercise **TG 11:00** Boardgames **BT 1:30** Reading Group **TG 3:15** Bean Bag Toss	25 **BT 9:30** Word Games **TG 10:15 Falls Prevention** **BT 12:45 Falls Prevention** **2:00 Jimmy Kajura Show *aud***	26 **BT 9:30** Darts **TG 11:00** Balloon Badminton **BT & TG 2:00 National Cake Day Social**	27 **BT 9:30** Travelogue **TG 10:15 Falls Prevention** **TG 11:00** Manicures **BT 12:45 Falls Prevention** **BT 1:30** Yahtzee **TG 3:15** Bingo	28  **2:00 Bill Vickers & Black Diamond String Band Show *aud***
29 	30 **BT 9:30** Horse Racing **TG 10:15 Falls Prevention** **TG 11:00** Card Games **BT 12:45 Falls Prevention** **BT 1:30** Bingo **TG 3:15** Painting					

Legend:
BT = Balsam Trail
TG = Tulip Garden

Spiritual Services Each Week:

- Monday – Thursday: Mass 9:30am
- Monday – Thursday: Rosary 9:00am
- Friday Chapel Services: 10:30am
- Sunday Rosary: 9:30am & Mass 10:00am

Please contact **TR Brigi @ 289-237-6591** or BrigittaFarkas@sjv.on.ca with any questions or comments. Calendar is subject to change - signs will be put up to reflect these changes. Thank you for your understanding.