

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2026

Therapeutic Recreation Programs: Heritage Trail & Rose Garden

Jorja 10:00 Mass 	9:30 Mass 10:15 Poetry and short story reading HT 11:00 Fall Prevention Exercises RG 100 Fall Prevention Exercises HT 2:00 Current Events/Light trivia HT 330 Buzzword & Who am I RG	9:30 Mass 10:15 Travelogue- Portugal HT 11:30 Poetry/short story RG 2:00 Bingo HT & RG 	9:30 Mass 1015 Word games HT 1100 Fall Prevention Exercises RG 1:00 Fall Prevention Exercise HT 2:00 Live Music with Aidan Purnell HT & RG Auditorium	9:30 Mass 10:15 Poetry and short story reading HT 11:30 You be the Judge RG 2:00 Hoop Shot/ball Toss HT 3:30 Putt Putt golf	10:15 Colouring Club HT 10:30 St. Paul's United Service (Chapel) 1:00 pm Fall Prevention Exercises 2:15 Sing a Long Karaoke HT 3:30 Bingo & treats RG 	Jorja  Simchat Torah Begins
Jorja 10:00 Mass 	9:30 Mass 10:15 Poetry and short story reading HT 11:00 Fall Prevention Exercises RG 100 Fall Prevention Exercises HT 2:00 Current Events/Light trivia HT 330 Buzzword & Who am I RG	9:30 Mass 10:15 Travelogue- Portugal HT 11:30 Poetry/short story RG 2:00 Bingo HT & RG 	9:30 Mass 1015 Word games HT 1100 Fall Prevention Exercises RG 1:00 Fall Prevention Exercise HT 2:00 Live Music with Aidan Purnell HT & RG Auditorium	Dave Evening 9:30 Mass 1:30 Hoops & Kicks Ball Play HT 3:30 Family Feud, RG 6:00 Board game of choice HT	Dave Off	10:15 Walk n Talk HT 11:30 Café Coffee Social RG 2:00 Live Entertainment: Lydia Lee Trio Entertainment HT & RG Auditorium
10:00 Mass 10:30 Spiritual Eldercare HT 10:30 Friendly 1:1's HT 11:30 Spiritual Eldercare 1:30 Putt Putt Golf HT 3:00 Friendly 1:1's RG	Thanksgiving Holiday 9:30 Mass 10:15 Colouring Social HT 11:30 Thanksgiving Crafts RG 2:00 Harvest Tea HT & RG Auditorium 	Dave Off 9:30 Mass	9:30 Mass 10:15 Current Events, Coffee News HT 1100 Fall Prevention Exercises RG 1:00 Fall Prevention Exercises HT 2:00 Resident's Council HT& RG in auditorium 3:30 Scrabble RG	9:30 Mass 10:15 1:1 Friendly Visits HT 10:30 Grace Valley Church (Chapel) 11:30 Horse Races 2:00 Bingo HT 3:30 Canvas Painting RG	10:15 Music & Motion HT 10:30 Presbyterian Service (Chapel) 11:00 Fall Prevention Exercises RG 1:00 Fall Prevention Exercises HT 3:30 Karaoke RG	Dave Off
Dave Off 10:00 Mass	9:30 Mass 10:15 Alaskan cruise documentary HT 10:30 Anglican Service Chapel 11:00 Fall Prevention Exercises RG 2:15 Finishing Phrases HT 3:30 Bocce Ball RG	9:30 Mass 10:30 Hot Potatoe HT 11:30 Ball Toss RG 2:00 Pumpkin Painting HT 3:15 Word games RG	9:30 Mass 10:30 Colouring Social HT 11:00 Fall Prevention Exercise RG 1:00 Fall Prevention Exercise 2:30 Fill in the Blanks HT 3:30 Pumpkin Painting RG	Dave Evening 9:30 Mass 10:30 Music & Motion HT 11:30 Coffee news & trivia 2:00 Live Music with Peter Marangi RG & HT Auditorium	Dave off 10:30 Anglican Service (Chapel) 	10:30 Walk n Talk HT 11:30 Café Coffee Social RG 2:00 Live Music with Ronnie Russell HT & RG Auditorium
10:00 Mass 10:30 Spiritual Eldercare HT 10:30 Friendly 1:1's HT 11:30 Spiritual Eldercare RG 1:30 Scrabble HT 3:00 UNO & 1:1's RG	Dave Evening 9:30 Mass 11:00 Fall prevention Exercise 11:30 Municipal Election Vote RG 1:00 Fall Prevention Exercise 2:00 Vote HT, RG 3:30 Word game RG	9:30 Mass Dave Off	9:30 Mass Dave – admin work morning 2:00 Live entertainment: Synchronicity Duo HT & RG Auditorium 6:30 Men's Club	9:30 Mass 10:30 Poetry Reading HT 11:00 Fall prevention Exercise 12:00 Current Events & Poetry Reading RG 2:00 Corn Hole HT 3:30 Bocce Ball RG,	10:15 Cookie Baking HT 11:00 Fall Prevention Exercises RG 1:00 Fall prevention Exercise 2:00 Hallowe'en Party & Live Music with The Escapades Duo Auditorium	Dave off  Halloween

Legend: HT Heritage Trail RG Rose Garden Recreation Therapist: Dave Baldock DaveBaldock@sjv.on.ca