

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:45AM Balloon Badminton(VT) 10:45AM Library Visits(LG) 1:45PM Bingo (LG) 3:15PM Patio Visits(VT)	2 1:30PM Exercise Group 1:30PM Cycling without Ages 2:00PM Live Entertainment with Mike Foster (A) 6:30PM Men's Club (CnL)	3 	4 9:45AM(C) Virtual Church (VT) 10:30AM St. Paul's United Service (Chapel) 10:45AM Walk & Talk (LG) 1:30PM Exercise Group 	5 9:45AM Colouring Corner (LG) 10:45AM Reminiscing (VT) 1:30PM Live Entertainment with Ann(VT)
6 9:45AM Virtual Church Service (VT) 10:00AM Mass 10:45AM Monthly Gazette (LG) 1:45PM Aromatherapy (VT) 3:00PM Music Interlude (LG)	7 Labour Day Holiday 9:45AM Mind Stretchers(VT) 11:00AM Mindful Chats(LG) Programs with Jorja 2:00PM Hookerz Club(CnL) 	8 9:30AM Mass 9:45AM Travelodge (VT) 10:45AM Montessori (LG) 2:00pm Ron Russell Entertainment (LG)	9 9:45AM Aromatherapy (VT) 10:30AM Hangman (LG) 1:30PM Exercise Group 1:30PM Cycling without Ages 2:00PM Resident's Council (A) 3:15PM Walk & Talk (OG)	10 9:45AM Travelodge (VT) 10:45AM Montessori (LG) 1:45PM Snoezlen Visits (VT) 2:45PM Susie (LG) 6:00PM Campfire (A Parking Lot)	11 9:45AM Virtual Church Service (VT) 10:30AM Worship Service (Chapel) 1:30PM Exercise Group 1:45PM May IQ & Monthly Gazette (VT) 3:00PM Short Stories (LG) Rosh Hashanah Begins	12 2:00PM Live Entertainment with Daniel Dyer (A) 
Grandparents Day! 13 10:00AM Mass 	14 9:45AM Meditation group (VT) 10:45AM Brain Busters (LG) 1:30PM Exercise Group 2:00PM Pottery (A) 2:00PM Hookerz Club(CnL) 2:00PM Balloon Badminton (LG) 3:15PM Fresh Air friends(VT)	15 1:45PM Susie Q (VT) 3:00PM Bingo (LG) 4:00PM Manicures (VT) 6:15PM Library Visits(LG)	16 1:30PM Exercise Group 1:30PM Cycling without Ages 2:00PM Resident's Council Celebration with The Escapades Duo (A) 6:30PM Men's Club (CnL)	17 	18 9:45AM Scattergories (VT) 10:45AM September IQ (LG) 10:30AM Presbyterian Service (Chapel) 1:30PM Exercise Group 2:00PM Remember When(LG) 3:15PM Board Games(VT)	19 9:45AM Hangman (VT) 10:45AM Aroma Therapy group (LG) 2:00PM Ball Yoga (VT) 3:00PM Travelogue (LG) Oktoberfest Begins
20 9:45AM Virtual Church Service (VT) 10:00AM Mass 10:45AM Monthly Gazette (LG) 1:45PM Aromatherapy (VT) 3:00PM Music Interlude (LG) Yom Kippur Begins	21 9:45AM Friendly Visits(VT) 11:00AM Sing Along (LG) Programs with Jorja 1:30PM Exercise Group 2:00PM Hookerz Club(CnL) 	22 9:45AM Ball Toss(VT) 10:45AM Library Visits(LG) 1:45PM Bingo (LG) 3:15PM Libray Visits(VT)	23 9:45AM You be the Judge (VT) 10:45AM Meditation Group(LG) 1:30PM Exercise Group 1:30PM Cycling without Ages 2:00PM Handheld Petting Zoo (A)	24 9:45AM Travelodge (VT) 10:45AM Montessori (LG) 1:45PM Snoezlen Visits (VT) 2:45PM Susie (LG)	25 9:45AM(C) Virtual Church (VT) 10:45AM Friendly Visits(LG) 1:30PM Exercise Group 2:00PM September IQ (BT) 3:15PM Paddy's Clothing Shop Sukkot Begins	26 2:00PM Live Entertainment with Jim Kajura (A) 
27 10:00AM Mass 	28 9:45PAM Target Toss(LG) 10:45AM Finish the lines (VT) 1:30PM Exercise Group 2:00PM Pottery (A) 2:00PM Hookerz Club(CnL) 3:15PM Ron Russel (LG)	29 9:45AM Music Trivia(VT) 10:45AM Colouring Club (LG) 	30 1:30PM Exercise Group 1:30PM Cycling without Ages 2:00PM Apple Fest with Shaylyn & Doug (A) 6:30PM Men's Club (CnL)	September 2026 Therapeutic Recreation Programs & Services for Lilac Garden		

Legend: : P=Parking lot A- Auditorium CnL- Conservatory Lounge VT- Valley Trail LG- Lilac Garden C= Chapel SR= Snoezelen Room *Programs are subject to change without notice