

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2026

Therapeutic Recreation Programs & Services for Heritage Trail & Rose Garden

2 10:00 Mass 10:30 Spiritual Eldercare 10:30 Friendly 1:1's (HT) 11:30 Walk N Talk (RG) 1:30 Putt Putt Golf (HT) 3:00 Story Telling (RG)	3 Civic Stat Holiday Dave evenings 11:00 Physio exercise RG 1:00 Physio exercise HT 2:00 Canada Trivia HT 2:00 Pottery 3:00 Travelogue HT Portugal 4:30 Finish the phrases RG 6:00 Board game of choice HT	4 9:30 Mass Dave off	5 9:30 Mass 10:30 Word Mining (HT) 11:00 Physio Exercises RG 10:30 Word Mining (RG) 1:00 Physio Exercises HT 2:00 Synchronicity Duo (Aud); HT & RG 630-730 Men's Club, Con.L	6 9:30 Mass 10:30 Poetry Reading HT 11:30 Current Events & Poetry Reading RG 2:00 Bocce Ball HT 3:30 Bocce Ball RG, Hoops	7 10:30 St. Paul's United Service 10:00 Friendly 1:1's HT 11:00 Physio exercise RG 12:00 Friendly Visits RG 1:00 Physio exercise HT 2:00 Manicures HT 3:30 Manicures RG	8 Dave off
9 Dave off 10:00 Mass	10 10:15 Buzzword & Trivia 11:30 Buzzword game RG 11:00 Physio exercise RG 1:00 Physio exercise HT 2:00 Who am I ? quiz HT 3:30 Trivia & You Be The Judge RG	11 9:30 Mass 10:15 Movin & Groov'in HT 11:30 Name that Tune RG 2:00 Bingo (Aud) HT & RG	12 9:30 Mass 10:15 Coffee News & Word Mining HT 11:00 Physio exercise RG 1:00 Physio exercise HT 2:00 Escapades Duo RG & HT in Aud.	13 Dave Evenings 9:30 Mass 12:00 Quips & Jokes RG 1:30 Hoops and Kicks, ball play RG 3:00 Bracelet Making HT 6:00 Campfire with Brad James musician. Auditorium parking lot HT & RG	14 Dave off 10:30 Worship Service 11:00 Physio exercise RG 1:00 Physio exercise HT	15 10:00 Current Events & Outdoor walks HT 11:30 Outdoor Walks Social RG, Friendly 1:1's 2:00 Derek Byrne, pianist/singer in auditorium HT & RG
16 10:00 Mass 10:30 Spiritual Eldercare HT 11:00 Spiritual Eldercare RG 1:30 Balcony(s) social trivia, HT 3:00 Ice cream & cookies social in Activity Room RG	17 Dave evenings 9:30 Mass 11:00 Physio exercise RG 12:00 Current events RG 1:00 Physio exercise HT 2:00 UNO, Scrabble HT 2:00 Pottery (Aud) 3:30 Famous Faces HT 4:30 Famous faces, News RG	18 9:30 Mass Dave off	19 9:30 Mass 10:00 Quirks & Quarks Science trivia HT 12:00 Quirks & Quarks Science trivia 11:00 Physio exercise RG 1:00 Physio exercise HT 2:00 John & Sheila Ludgate Live (Aud) HT & RG 630-730 Men's Club, (Con L)	20 9:30 Mass 12:00 Quips & Jokes RG 1:30 Hoops and Kicks, ball play HT 3:00 Family Feud RG 4:00 – Board game of choice HT	21 10:30 Presbyterian Service Dave off (Vac)	22 Dave off
23 Dave off 10:00 Mass	24 9:30 Mass 10:00 Coffee News and Phrase origin HT 11:00 Physio exercise RG 12:00 Friendly 1:1's RG 1:00 Physio exercise HT 2:00, 3:15 Horse Races & Western Life facts HT, RG	25 9:30 Mass 10:30 Hot Potatoe HT 11:30 Bocce Ball RG 2:00 Canvas Painting HT 3:15 Word games RG	26 9:30 Mass 10:00 Connect 4(HT) 11:00 Physio exercise RG 12:00 News & Reviews, RG 1:00 Physio exercise HT 2:00 Live Entertainment with Mike Cavan (Aud)	27 Dave Evenings 9:30 Mass 12:00 Travelogue Spain 2:00 Tie Dye socks HT 3:30 Tie Dye Socks RG 6:00 Card Bingo, HT, RG in RG lounge area	28 Dave off	29 10:00 walkn Talk 1:1's HT 11:00 walk n talk 1:1's RG 2:00 Live Entertainment; Ronnie Russell (Aud) HT & RG
30 10:00 Mass 10:30 Spiritual Eldercare HT 11:00 Spiritual Eldercare RG 2:00 Scrabble HT 3:00 Tea & Cake RG Activity room	31 Dave Evenings 9:30 Mass 10:00 Horse Races HT 12:00 Rhymes & Riddles RG 2:00 Pottery, Aud 2:00 Music and Motion HT 3:30 Soccer bal kick and ball toss RG	*Cycling without Ages-Wednesday's at 1:30pm * Sign up only * Please speak with Recreation staff for information* Recreation Therapist: Dave B. Email: BalDav@sjv.on.ca				

Legend: Aud- Auditorium Con L- Conservatory Lounge HT Heritage Trail RG Rose Garden