

Sunday

Monday

Tuesday

Wednesday

Thursday







Friday

Saturday



May 2026

Cycling without Ages starts May 13th- Wednesday's at 1:30pm- Sign up only- Speak with TR for more information

<p>10:00 Mass</p> <p>10:00 Spiritual Service (BT)</p> <p>2:00 Mini Mani's (BT)</p>	<p>9:30 Mass</p> <p>10:15 Fall Prevention Exercises (BT)</p> <p>11:15 Travelogue (BT)</p>	<p>9:30 Mass</p> 	<p>9:30 Mass</p> <p>10:15 Fall Prevention Exercises (BT)</p> <p>11:15 Word Games (BT)</p> <p>2:00 Afternoon Tea (BT)</p>	<p>9:30 Mass</p> <p>10:00 Finishing Lines (BT)</p> <p>2:00 Golden Swing Band (A)</p>	<p>10:15 Fall Prevention Exercises (BT)</p> <p>10:30 Worship Service</p> <p>2:00 Mother's Day Tea (A)</p> 	<p>10:00 Bowling (BT/OG)</p> <p>2:00 Live Entertainment with Mike Cavan (A)</p> 
<p>10:00 Mass</p>  <p>Mother's Day National Skilled Nursing Care Week</p>	<p>9:30 Mass</p> <p>10:15 Fall Prevention Exercises (BT)</p> <p>11:15 Guessing Game (BT)</p> <p>2:00 Pet Therapy (BT)</p> <p>2:00 Pottery (A)</p>	<p>9:30 Mass</p> <p>10:00 May IQ (BT)</p> <p>2:00 Live Entertainment with Kim Atkins (BT)</p>	<p>9:30 Mass</p> <p>10:15 Fall Prevention Exercises (BT)</p> <p>11:15 Travelogue (BT)</p> <p>2:00 Resident's Council (A)</p> <p>6:30 Men's Club (CnL)</p>	<p>9:30 Mass</p> <p>1:45 Bingo (BT)</p> <p>4:00 Friendly Visits (BT)</p>	<p>10:15 Fall Prevention Exercises (BT)</p> <p>10:30 Presbyterian Service</p> 	<p>11:00 Library Visits (BT)</p> <p>2:00 Colouring Corner (BT)</p> <p>Armed Forces Day</p>
<p>10:00 Mass</p> <p>10:00 Spiritual Service (BT)</p> <p>2:00 Ball Yoga (BT)</p>	<p>9:30 Mass</p> <p>10:15 Fall Prevention Exercises (BT)</p> <p>2:00 Live Entertainment with Aidan Purnell (BT)</p> <p>6:30 Mindful Meditation (BT)</p> <p>Victoria Day (Canada)</p>	<p>9:30 Mass</p> <p>2:00 Bingo (A)</p> 	<p>9:30 Mass</p> <p>10:15 Fall Prevention Exercises (BT)</p> <p>11:15 Jeopardy (BT)</p> <p>2:00 Hamilton Police Choir (A)</p>	<p>9:30 Mass</p> <p>10:00 Word Games (BT)</p> <p>2:00 Bingo (BT)</p> <p>Shavuot Begins</p>	<p>10:15 Fall Prevention Exercises (BT)</p> <p>10:30 Anglican Service</p> <p>11:15 Riddles (BT)</p> <p>2:00 Colouring Club (BT)</p>	<p>2:00 Live Entertainment with The Escapades Duo (A)</p> 
<p>10:00 Mass</p> 	<p>9:30 Mass</p> <p>10:15 Fall Prevention Exercises (BT)</p> <p>11:15 Library Visits (BT)</p> <p>2:00 Pet Therapy (BT)</p> <p>2:00 Pottery (A)</p> <p>Memorial Day</p>	<p>9:30 Mass</p> <p>10:00 Word Idioms (BT)</p> <p>2:00 Guessing Game (BT)</p>	<p>9:30 Mass</p> <p>9:45 Word Searches (BT)</p> <p>10:15 Fall Prevention Exercises (BT)</p> <p>6:30 Men's Club (CnL)</p>	<p>3:45 Children's Recital & Sing Along (BT)</p> <p>6:30 Mindfulness (BT)</p>	<p>10:15 Fall Prevention Exercises (BT)</p> <p>10:30 St. Paul's United Service</p> 	<p>10:00 Bowling (BT/OG)</p> 
<p>10:00 Mass</p> <p>10:00 Spiritual Service (BT)</p> <p>2:00 Bingo (BT)</p>	<h2 style="text-align: center;">Therapeutic Recreation Programs & Services for Birch Trail</h2>					