

Sunday

Monday

Tuesday

Wednesday














Thursday

Friday

Saturday

# May 2026



<p>9:45AM Virtual Church Service (VT) 10:00AM Mass 10:45AM Monthly Gazette (LG) 1:45PM Aromatherapy (VT) 3:00PM Music Interlude (LG)</p>	<p>9:30AM Mass(C) 11:00AM Exercise Group(VT)</p> 	<p>9:30AM Mass(C) 9:45AM Remember When(VT) 10:45AM Meditation Group(LG) 1:45PM Library Visits (VT) 3:15PM Bingo (LG)</p> <p style="text-align: center;">Cinco de Mayo</p>	<p>9:30AM Mass(C) 9:45AM Hangman (VT) 10:45AM Word Games (LG) 11:00AM Exercise Group(VT) 2:00PM Euchre (LG) 3:15PM Ball Toss (VT)</p>	<p>9:30AM Mass(C) 10:00AM Finishing Lines (BT) 11:00AM Word Scramble (OG) <b>2:00 Golden Swing Band (A)</b></p>	<p>9:45AM Motherly Mining (VT) 10:30AM Worship Service(C) 10:45AM Paddy's Clothing 11:00AM Exercise Group(VT) 2:00PM Mother's Day Tea (A)</p> 
<p>10:00AM Mass</p>  <p style="text-align: center;">Mother's Day National Skilled Nursing Care Week</p>	<p>9:30AM Mass(C) 9:45AM Board Games (VT) 10:45AM Target Toss (LG) 11:00AM Exercise Group(VT) <b>2PM Pottery (A)</b> <b>2:00PM Ron Russell (LG)</b></p>	<p>9:30AM Mass(c) 1:45AM May IQ &amp; Monthly Gazette (VT) 3:15PM Bingo (LG) 6:15PM Manicure Night (VT) 7:00PM Euchre (LG)</p>	<p>9:30AM Mass(C) 11:00AM Exercise Group(VT) <b>2:00PM Resident's Council (A)</b> 3:15PM Snoezelen Visits (SR) <b>6:30PM Men's Club (CnL)</b></p> 	<p>9:30AM Mass(C)</p> 	<p><b>10:30AM Presbyterian Service(C)</b> 11:00AM Exercise Group(VT)</p> 
	<p>9:30AM Mass(c) 11:00AM Exercise Group(VT)</p> 	<p>9:30AM Mass(C) 9:45AM You be the ludge(VT) 10:45AM Balloon badminton(LG) 1:45PM Montessori Activity(VT) <b>2:00PM Bingo (A)</b> 3:15PM Bingo (LG)</p>	<p>9:30AM Mass(C) 9:45AM You be the Judge (VT) 10:45AM Montessori Activity (VT) 11:00AM Exercise Group(LG) <b>2:00PM Hamilton Police Choir (A)</b></p> <p style="text-align: center;">Shavuot Begins</p>	<p>9:30AM Mass(C) 10:00 Word Games (BT) 10:00AM Card Bingo 3:15PM Meditation Group(LG)</p>	<p>9:45AM Finish the lines (VT) <b>10:30AM Anglican Service(C)</b> 10:45AM Noodle bounce &amp; Toss (LG)) 11:00AM Exercise Group(LG)</p> 
<p>10:00AM Mass</p> 	<p>9:30AM Mass(C) 9:45AM Snoezelen Visits(SR) 10:45AM Balloon Badminton(LG) 11:00AM Exercise Group(VT) 2:00PM Finish the lines (VT) <b>2:00PM Pottery(A)</b> 3:15PM Remember When (LG)</p> <p style="text-align: center;">Memorial Day</p>	<p>9:30AM Mass(C) 1:45PM Snoezelen Visits (VT) 2:45PM Music Interlude (LG) 3:15PM Bingo (LG) 6:30PM Montessori Activity(VT)</p>	<p>9:30AM Mass(C) 11:00AM Exercise Group(VT) 2:00PM Manicure afternoon (VT) 3:15PM Library Visits (LG) <b>6:30PM Men's Club (CnL)</b></p> 	<p>9:30AM Mass(C)</p> 	<p>9:45AM Travelodge (VT) <b>10:30AM St. Paul's United(C)</b> 10:45AM Colouring Club (VT) 11:00AM Exercise Group(LG) 2:00PM Mike Woods Entertainment(LG)</p> 

## Therapeutic Recreation Programs & Services for Valley Trail



**Legend:** A- Auditorium CnL- Conservatory Lounge VT- Valley Trail LG- Lilac Garden C= Chapel SR= Snoezelen Room \*Programs are subject to change without notice

