

Sunday

Monday

Tuesday

Wednesday









Thursday

Friday

Saturday

# April 2026

Therapeutic Recreation Programs & Services for  
Heritage Trail (HT) & Rose Garden (RG)

<p>5</p>  <p>10:00 Mass</p> <p>Easter Sunday</p>	<p>6</p> <p>10:00 Scrabble HT 11:00 Falls Prevention Exercises RG 1:00 Falls Prevention Exercises HT 2:00 Easter Bunny Social</p>  <p>HT &amp; RG auditorium</p>	<p>7</p> <p>9:30 Mass 10:00 Scrabble HT 11:00 News &amp; Reviews RG</p> <p>1:30 Colouring Group HT 3:00 Word Craft RG</p>	<p>8</p> <p>10:00 News &amp; Reviews &amp; trivia HT 11:00 Falls Prevention exercise RG 1:00 Falls Prevention exercise HT 2:00 Resident's Council (Virtual) 3:00 Karaoke HT &amp; RG</p> <p>All Fools' Day Passover Begins</p>	<p>9</p> <p>11:00 Falls Prevention exercise RG 1:00 Falls Prevention exercise HT 3:00 Stations of the Cross/Catholic Service (Chapel)</p>	<p>10</p> <p>10:00 Music &amp; memories RG 11:00 Sing a Long HT 11:00 Falls Prevention exercise RG 1:00 Falls Prevention exercise HT 3:00 Stations of the Cross/Catholic Service (Chapel)</p> 	<p>11</p> <p>Jorje, recreation coverage</p> <p>2:00 Live Entertainment with Wike Woods (A)</p> <p>10:00 Friendly 11's HT &amp; UNO 11:00 Friendly 1:1's RG</p> <p>1:45 Bowling HT 3:00 Bowling RG</p>
<p>12</p> <p>10:00 Mass 10:00 Spiritual Eldercare HT 11:00 Spiritual Eldercare RG</p> <p>1:30 Spring Crafts HT 3:30 Manicures RG</p>	<p>13</p> <p>11:00 Falls Prevention Exercises RG 1:00 Falls Prevention Exercises HT</p> 	<p>14</p> <p>GPA Training 8-11am-Work 8-4pm</p> <p>11:30 Famous Faces RG</p> <p>1:30 Sing Along &amp; Dance HT 3:30 Big Ball kick</p>	<p>15</p> <p>10:00 Morning Jokes &amp; What am I? HT 11:00 Riddles RG 11:00 Falls Prevention exercise RG 1:00 Falls Prevention exercise HT 2:00 Ball Toss HT 3:30 Tea &amp; Cookie Social RG</p>	<p>16</p> <p>10:00 Spring Jeopardy HT 11:30 Spring Jeopardy</p> <p>1:30 Walk n Talk HT 3:30 Library Visit</p>	<p>17</p> <p>10:30 Presbyterian Service</p> <p>11:00 Falls Prevention Exercises RG 1:00 Falls Prevention Exercises HT</p>	<p>18</p> 
<p>19</p> <p>10:00 Mass</p> 	<p>20</p> <p>10:00 Poetry Reading HT 11:00 You be the Judge RG 11:00 Falls Prevention Exercises RG 1:00 Falls Prevention Exercises HT 2:00 Soccer kick HT 3:30 Short Stories RG</p>	<p>21</p> <p>9:30 Mass</p> <p>10:00 Montessori Activity HT 11:00 Meditation Session RG</p> <p>2:00 Bingo, auditorium, HT &amp; RG</p>	<p>22</p>  <p>10:00 Earth Day colouring RG 11:00 Earth Day Trivia HT 11:00 Falls Prevention Exercises RG 1:00 Falls Prevention Exercises HT Earth Day Documentary 2:30 HT &amp; RG</p> <p>Earth Day Administrative Professionals Day</p>	<p>23</p> <p>1:00 Word Scramble HT 2:30 Walk n Talk RG</p> <p>3:30 Garden Group Meeting HT 4:30 Garden planting preparation RG</p>	<p>24</p> <p>10:30 Anglican Service</p> <p>11:00 Falls Prevention Exercises RG 1:00 Falls Prevention Exercises HT</p> <p>Arbor Day</p>	<p>25</p> <p>10:00 Friendly 1:1's HT 11:00 Friendly 1:1's RG</p> <p>2:00 Open Karaoke HT &amp; RG, auditorium</p>
<p>26</p> <p>10:00 Mass 10:00 Spiritual Eldercare HT 11:00 Spiritual Eldercare RG</p> <p>1:30 Manicures HT 3:30 Spring Crafts RG</p>	<p>27</p> <p>10:00 Montessori HT 11:00 Falls Prevention Exercises RG 1:00 Falls Prevention Exercises HT 2:30 Sing a Long HT 3:30 Finish the Lines &amp; Trivia RG</p>	<p>28</p> <p>Jorje, recreation coverage</p>	<p>29</p> <p>11:30 TR Meeting (Family Dining Rm) 10:00 UNO HT 11:00 Price is Right RG 11:00 Falls Prevention Exercises RG 1:00 Falls Prevention Exercises HT 2:00 Auditorium entertainment HT, RG</p>	<p>30</p> <p>10:00 Horse Races HT 11:00 UNO RG</p> <p>2:00 Unit entertainment tba HT, RG 3:30 Friendly 1:1's RG</p>		

\*Programs are subject to change without notice\*

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