

Sunday

Monday

Tuesday

Wednesday

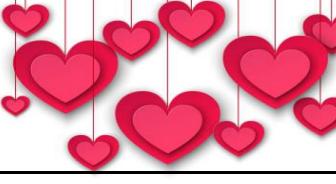
Thursday

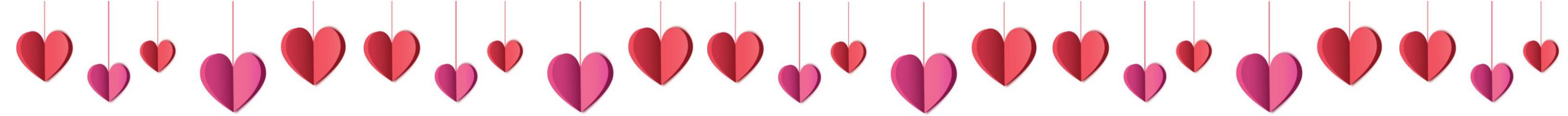
Friday

Saturday

# February 2026

PINE GROVE

1 9:30 Rosary (Chapel) 10:00 Daily Mass (Chapel) <b>Activities with Neil</b> 	2 9:00 Rosary (Chapel) 9:30 Daily mass (Chapel) 10:30 Calendar Delivery 11:15 Exercise 2:00 pm Pottery (Making)	3 9:00 Rosary (Chapel) 9:30 Daily Mass (Chapel) 9:45 Manicure 2:15 pm Montessori Activities	4 9:30 Daily Mass 9:45 Music & Memories: Love Songs 11:15 Exercise 3:15 Traveling cart with Games <b>6:30 pm Men's Club</b> <b>Charlie's Games Night (CL)</b>	5 9:00 Rosary (Chapel) 9:30 Daily Mass (Chapel) 11:45 Walk and Talk 4:00 Matching Game	6 10:30 Worship Service 11:45 Exercise <b>Activities with Neil</b> 	7 11:30 Valentine's Card Making 3:15 pm Snoezelen Room
8 9:30 Rosary (Chapel) 10:00 Daily Mass (Chapel) 2:45 pm Pet Therapy with Titan	9 9:00 Rosary (Chapel) 9:30 Daily mass (Chapel) 11:15 Exercise 11:45 Friendly Visits 4:00 Art Attack	10 9:00 Rosary (Chapel) 9:30 Daily Mass (Chapel) <b>Activities with Neil</b> 	11 9:00 Rosary (Chapel) 9:30 Daily Mass 11:15 Exercise <b>2:00 Resident Council</b>	12 9:00 Rosary (Chapel) 9:30 Daily Mass (Chapel) 9:45 Find the Chocolate <b>1:45 pm Entertainment with Kim Akritis (Pine Lounge)</b>	13 9:45 Reminiscence Group: "Love Through the Years" 10:30 Presbyterian Services 11:15 Exercise <b>2:00 pm Sweet Treat Social</b>	14 <b>2:00 Be My Valentine!</b> <b>Entertainment with Tom Cowles - Auditorium</b> 
15 9:30 Rosary (Chapel) 10:00 Daily Mass (Chapel) <b>Activities with Neil</b> 	16 9:00 Rosary (Chapel) 9:30 Daily mass (Chapel) 10:30 Name 5 11:15 Exercise 2:15 Manicure	17 9:00 Rosary (Chapel) 9:30 Daily Mass (Chapel) 9:45 Mask Decorating 2:15 pm Matching Game <small>Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</small>	18 9:30 Daily Mass 11:15 Exercise <b>2:00 pm Divine Mercy (CL)</b> <b>6:30 pm Men's Club (CL)</b> <b>Poker Night</b>	19 9:00 Rosary (Chapel) 9:30 Daily Mass (Chapel) 11:45 Walk and Talk 4:00 pm Coloring Program	20 10:30 Worship Service 11:45 Exercise <b>Activities with Neil</b> 	21 9:45 pm Snoezelen Room <b>2:00 pm Entertainment with Cameron Carton (Auditorium)</b>
22 9:30 Rosary (Chapel) 10:00 Daily Mass (Chapel) 2:45 pm Pet Therapy with Titan	23 9:00 Rosary (Chapel) 9:30 Daily mass (Chapel) 11:15 Exercise 2:00 pm Pottery (Painting) 4:15 pm Traveling Cart with Games	24 9:00 Rosary (Chapel) 9:30 Daily Mass (Chapel) <b>2:00 Bingo Villa Wide (audit)</b> 	25 9:00 Rosary (Chapel) 9:30 Daily Mass (Chapel) 9:45 Home Decoration 11:15 Exercise <b>Activity with Neil</b>	26 9:00 Rosary (Chapel) 9:30 Daily Mass (Chapel) 9:45 Walk and Talk <b>2:00 pm Entertainment with Aidan Purnell</b>	27 9:45 Library Time 10:30 Presbyterian Services 11:15 Exercise 3:15 pm Snoezelen Room	28 <b>Happy MARDI GRAS!</b>



## RECREATIONAL THERAPY MONTH



### WHAT IS THE PURPOSE OF TR?

To enable all individuals to improve their quality of life and achieve optimal health through meaningful participation in recreation and leisure. The profession recognizes the importance of the recreation experience and supports all individuals in having full access to and the freedom to choose recreation and leisure opportunities.

### WHAT DO TR PROFESSIONALS DO?

Use recreation and leisure to help maximize an individual's independence. Work with persons who may benefit from assistance to improve their quality of life. Make necessary adaptations to recreation and leisure opportunities to allow for full participation.

### WHAT IS THE ROLE OF A TR?

The TR professional conducts an intensive need assessment to determine the capacities of the population being served and the appropriate personalized interventions. The TR and individual receiving services together determine the best way to assess current interests, abilities, needs, and barriers related to a meaningful leisure lifestyle.

*"We are beginning to discover that the meaning of leisure is really the meaning of life, leisure is freedom and freedom is living".*

Douglas H. Sessions

All Programs are subject to change and will be posted on Recreation Boards.  
Recreation Therapist: Romina Ponce ([rominaponce@svj.on.ca](mailto:rominaponce@svj.on.ca))



## Calendar

St. Joseph's  
Villa Dundas