

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2026

Willow Grove.

1	10:30 Calendar Delivery 2:00 pm Entertainment with Mike Woods (Auditorium)	New Year's Day	10:30 Worship Service St. Paul's United 10:30 New Year's Around the World 1:30 Exercises 2:15 pm Walk and Talk	2	3				
4	9:30 Rosary (Chapel) 10:00 Daily Mass (Chapel) <b>Activities with Neil</b> 	5	9:00 Rosary (Chapel) 9:30 Daily Mass (Chapel) 10:30 Manicure 1:00 pm Exercise 2:15 pm Bocce Ball	6	9:30 Daily Mass 10:30 Name 5 1:00 pm Exercise <b>Activity with Neil</b> <b>6:30 pm Men's Club</b> Dave's Trivia Night (Conserv Lounge)	7	8	9	10
11	9:30 Rosary (Chapel) 10:00 Daily Mass (Chapel) 2:00 pm Pet Therapy- Titan	12	9:00 Rosary (Chapel) 9:30 Daily Mass (Chapel) 1:00 pm Exercise 2:15 pm Friendly Visits 5:30 pm Name That Tune	13	9:00 Rosary (Chapel) 9:30 Daily Mass (Chapel) <b>Activities with Neil</b> 	14	15	16	17
18	9:30 Rosary (Chapel) 10:00 Daily Mass (Chapel) <b>Activities with Neil</b> 	19	9:00 Rosary (Chapel) 9:30 Daily Mass (Chapel) 10:30 Manicure 1:00 pm Exercise 2:15 pm Physical Activity	20	9:00 Rosary (Chapel) 9:30 Daily Mass 10:30 pm Fun Alphabet 2:15 pm Snoezelen Room	21	22	23	24
25	9:30 Rosary (Chapel) 10:00 Daily Mass (Chapel) 2:00 Pet Therapy with Titan	26	9:00 Rosary (Chapel) 9:30 Daily Mass (Chapel) 1:00 pm Exercise 2:15 Friendly visits 5:30 pm Aromatherapy	27	9:00 Rosary (Chapel) 9:30 Daily Mass (Chapel) <b>Activities with Neil</b> 	28	29	30	31



Enjoy your Day!

Australia Day (Observed)

## Birthday of the Month

Jan 27th – Joan Selway



Calendar

St. Joseph's  
Villa Dundas

All Programs are subject to change and will be posted on Recreation Boards.  
Recreation Therapist: Romina Ponce ([rominaponce@sjv.on.ca](mailto:rominaponce@sjv.on.ca))