

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2025 Therapeutic Recreation Programs and Services for Birch Trail			9:30 Mass 10:15 Fall Prevention Exercises (BT) 11:15 Name that Tune (BT) 6:30 Men's Club (CnL) Yom Kippur Begins 1	9:30 Mass 2:45 October IQ (BT)  2	10:15 Fall Prevention Exercises (BT) 10:30 St. Paul's United Service (Chapel) 2:00 Holy Hour (Chapel)  3	10:00 Bowling (BT/OG) 2:00 Ball Yoga (BT) 4
10:00 Mass 10:00 Spiritual Service (BT) 2:00 Pet Therapy (BT) 5	9:30 Mass 10:15 Fall Prevention Exercises (BT) 2:30 Fill in the Blanks (BT) 6:30 Mindfulness (BT) Sukkot Begins 6	9:30 Mass  7	9:30 Mass 10:15 Fall Prevention Exercises (BT) 2:00 Resident's Council Meeting (Aud.) 8	9:30 Mass 2:00 Live Entertainment with Kim Atkins (BT) 6:00 Campfire (Aud. Parking Lot) 9	10:15 Fall Prevention Exercises (BT) 10:30 Worship Service (Chapel) 11:15 Mini Mani's (BT) 10	 11
10:00 Mass  12	 10:00 Thanksgiving Trivia (BT) 2:00 Harvest Tea (CnL) Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.) 13	9:30 Mass 10:00 Giant Ball Game (BT) 2:00 Harvest Colouring (BT) Simchat Torah Begins 14	9:30 Mass 10:15 Fall Prevention Exercises (BT) 11:15 Guessing Game (BT) 2:00 Bingo (BT) 6:30 Men's Club (CnL) 15	9:30 Mass 2:30 Famous Faces (BT) 6:30 Montessori Activities (BT) 16	10:15 Fall Prevention Exercises (BT) 10:30 Presbyterian Service Chapel  17	10:00 Bowling (BT/OG) 2:00 Live Music with Ronnie Russell (CnL) 18
10:00 Mass 10:00 Spiritual Service (BT) 2:00 Jigsaw Puzzles (BT) 19	9:30 Mass 10:15 Fall Prevention Exercises (BT) 1:45 Finishing Lines (BT) 3:30 Snoezelen Visits (BT) 20	9:30 Mass 2:00 Bingo (A)  21	9:30 Mass 9:30 Montessori Activities (BT) 10:15 Fall Prevention Exercises (BT) 2:00 Pumpkin Decorating (BT) 22	9:30 Mass 10:00 Fall Trivia (BT) 2:00 Golden Girls Club (CnL) 23	10:15 Fall Prevention Exercises (BT) 10:30 Anglican Service (Chapel) 11:00 Board Games (BT) 2:00 Pet Therapy (BT) 24	 25
10:00 Mass  26	9:30 Mass 10:15 Fall Prevention Exercises (BT) 11:15 Pumpkin Walk (BT) 27	9:30 Mass 10:00 Hallowe'en Trivia (BT) 2:00 Bingo (BT) 28	9:30 Mass 10:15 Fall Prevention Exercises (BT) 11:15 Hallowe'en Mini Mani's (BT) 2:00 Piano Gather (BT) 6:30 Men's Club (CnL) 29	9:30 Mass 1:45 Ghoulish Word Games (BT) 6:30 Mindful Meditation (BT) 30	 10:15 Fall Prevention Exercises (BT) 10:30 St. Paul's United Service (chapel) 2:00 Hallowe'en Bash & Costume Contest (A) Halloween 31	