Sunsday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Valley Trail Program & Services	ms July 2025	. 9:30AM Mass (Chapel) 9:45AM Library visits (CnL) 10:45AM Euchre Group (VT) 2:00PM Coloring Club (LG) 3:00PM Bingo (VT)	11:00AM Exercise Group	2 9:30AM Mass (Chapel) 9:45AM Word Mining (LG) 10:45 Name that Tune (BT) 2:00PM Hangman (LG) 3:15 PM Balloon Badminton (VT)	9:30AM Mass (Chapel) 9:45AM Virtual Church(VT) 10:30AM Protestant Service 10:45PM Paddy's Clothing shop 11:00AM Exercise Group	5 Summer Vibes
6 10:00AM Mass	9:45AM Snakes & Ladders (VT) 10:45AM Travelodge (LG <i>11:00AM Exercise group</i> 2:15 Ron Russel Entertainment	9:30AM Mass (Chapel) 9:45AM Library visits (CnL) 10:45AM Euchre Group (VT) 2:00PM Coloring Club (LG) 3:00PM Bingo (VT)	10:00AM Levon wall Entertainment (LG) 11:00AM Exercise Group 2pm Entertainment - Synchronicity Duo(A)	Summer Vibes	9:45AM You be the Judge (VT) 10:30AM Protestant Service 10:45 Meditation Group (LG) <i>11:00AM Exercise Group</i>	10:00AM Friendly 12 Visits(LG) 11:15AM Would you Rather?(VT) Programs With Jorja
10:00AM Mass 13 2:00PM Sing along(LG) 3:15PM Sing along(VT) Programs with Jorja Programs with Jorja	9:45 This Day in History VT) 10:30 Did you know(LG) 11:00AM Exercise Group Programs With Jorja	9:30AM Mass (Chapel) 2pm Villa Wide Bingo(A)	9:30AM Mass (Chapel) 16 9:45 Would you (VT)Rather? 10:45 Comedy Time(LG) 11:00AM Exercise Group 2:15 Did you Know?(VT) 3:30 Pondering(LG) Programs With Jorja	9:30AM Mass (Chapel) 17 1:30PM Mindful Chats(VT) 2:30PM Balcony Chats(LG) Programs With Jorja	9:30AM Mass (Chapel) 18 10:30AM Protestant Service 11:00AM Exercise Group 1:30PM Friendly Visits(VT) 2:45PMThis Day in History(LG) Programs With Jorja	19 Summer Vibes
10:00AM Mass 20	21 11:00AM Exercise Group	9:30AM Mass (Chapel) 22	9:30AM Mass (Chapel) 11:00AM Exercise Group	9:30AM Mass (Chapel)	9:30AM Mass (Chapel) 25 9:45AM You be the Judge (VT) 10:30AM Protestant Service 10:45 Meditation Group (LG) <i>11:00AM Exercise Group</i> 1:45PM Manicure Afternoon (VT) 3:00PM water flowering	26 2:00PM Music and Chats (LG) 3:15PM Sing Along(VT) Programs With Jorja
10:00AM Mass VT 10:00 Let's Laugh LG 10:15 Humour Time Programs with Jorja	11:00AM Exercise Group	9:30AM Mass (Chapel) 9:45AM Library visits (CnL) 10:45AM Euchre Group (VT) 2:00PM Coloring Club (LG) 3:00PM Bingo (VT)	9:30AM Mass (Chapel) 30 11:00AM Exercise Group Trip Caledonia Boat Cruise Please sign up with Jason Caledonia Caledonia Caledonia Caledonia Caledonia Caledonia	9:30AM Mass (Chapel) 9:45AM Games hour (VT) 10:45AM Travelodge (LG) 2:00PM Ball Toss (VT) 3:15PM Aromatherapy (LG	Legend: A= Auditorium CnL = Conservatory I VT= Valley Trail LG =Lilac Garden	ounge

Recreation Therapist-Jason Barros Email- <u>j barros@sjv.on.ca</u> Programs are subject to change without notice