

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July 2025 Legend: BT = Balsam Trail TG = Tulip Garden		TG 11:45 Canadian Crafting¹ BT & TG 2:00 Special Canada Day Event in Auditorium BT 6:00 Canada Day Evening Social	Providence Picnic! 12:00pm - 4:00pm TG 10:15 Falls Prevention BT 1:15 Falls Prevention TG 6:15 Spa Night	Balsam and Tulip³ BT 1:15 Balloon Badminton TG 2:45 Sing along BT 3:30 Canada Quiz 6:00 Campfire in Parking Lot *independent*	BT 2:00 Euchre Club TG 3:15 Guess The Mystery Game TG 10:15 Falls Prevention BT 1:15 Falls Prevention	BT 9:15 Yahtzee TG 11:00 Crazy 8s⁵ Come visit the courtyard cafe on the ground floor in the north tower.
BT 10:00 Bowling Alley⁶ TG 11:00 Bowling Alley BT & TG 2:00 Music performance	BT 9:45 Sing along⁷ TG 11:00 Sing along TG 1:45 Balcony Chats BT 3:15 July Random Trivia TG 10:15 Falls Prevention BT 1:15 Falls Prevention	BT 2:00 Bingo⁸ TG 3:15 Giant Balloon Toss	BT 9:15 Manicures⁹ TG 11:00 Crafting 2:00 Synchronicity Duo TG 10:15 Falls Prevention BT 1:15 Falls Prevention	BT 9:15 Crazy 8s¹⁰ TG 11:00 Stronger U Fitness BT 2:00 Guess The Mystery Game TG 3:15 Yahtzee	BT 9:15 Snoezelen Room¹¹ Sessions TG 11:00 Guided Meditation BT 2:00 Darts TG 3:15 Farkle TG 10:15 Falls Prevention BT 1:15 Falls Prevention	
	BT 9:15 Sensory Sessions¹⁴ TG 11:00 Painting BT 2:00 Creative Crafting TG 3:15 Jeopardy TG 10:15 Falls Prevention BT 1:15 Falls Prevention	BT 12:30 Guided Chair¹⁵ Yoga BT 2:00 Villa-wide Bingo in Auditorium TG 6:15 Dine-In Dinner	TG 11:45 Bocce Ball¹⁶ BT 2:00 Self-Care Spa TG 3:15 Bingo BT 6:00 Dine-In Dinner TG 10:15 Falls Prevention BT 1:15 Falls Prevention	TG 3:30 Sing a Long¹⁷ BT 6:15 Yahtzee	BT 9:15 Gardening¹⁸ TG 11:00 UNO BT 2:00 Euchre Club TG 3:15 Giant Snakes & Ladders TG 10:15 Falls Prevention BT 1:15 Falls Prevention	BT 9:15 Friendly Visits¹⁹ TG 11:00 Garden Walks Come visit the courtyard cafe on the ground floor in the north tower.
BT 10:00 Bowling Alley²⁰ TG 11:00 Bowling Alley BT 2:00 JAVA music TG 3:15 Mindful Meditation	TG 10:15 Falls Prevention BT 1:15 Falls Prevention	BT 9:15 Balloon Tennis²² TG 11:00 Darts BT 2:00 Bingo TG 3:15 Cranium Crunches	BT 9:15 Giant Snakes²³ & Ladders TG 11:00 Manicures 2:00 Strawberry Social *auditorium* TG 10:15 Falls Prevention BT 1:15 Falls Prevention	BT 9:15 Walk & Talks²⁴ TG 11:00 Stronger U Fitness BT 2:00 Who, What, or Where TG 3:15 Travelogue	BT 9:15 Name That Tune²⁵ TG 11:00 Snoezelen Room Sessions BT 2:00 Arm Chair Travel TG 3:15 JAVA music TG 10:15 Falls Prevention BT 1:15 Falls Prevention	
	BT 9:15 Sensory Sessions²⁸ TG 11:00 Name That Tune BT 2:00 Trivia TG 3:15 Arts & Crafts TG 10:15 Falls Prevention BT 1:15 Falls Prevention	BT 12:30 Stronger U Fitness²⁹ BT 2:00 Bingo TG 3:15 Bocce Ball TG 6:15 Drinks on the Patio	TG 11:45 Friendly Visits³⁰ BT 2:00 Cranium Crunches TG 3:15 Bingo BT 6:00 Patio Social TG 10:15 Falls Prevention BT 1:15 Falls Prevention	BT 3:30 Trivia³¹ 6:00 Campfire in Parking Lot *independent*	Calendar is subject to change - signs will be put up to reflect these changes. Thank you for your understanding. Please contact TR Brigi @ 289-237- 6591 or BrigittaFarkas@sjv.on.ca with any questions.	