

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HT- Heritage Trail RG-Rose Garden Dave Baldock Recreation Therapist Tele: 289-339-4856 DaveBaldock@stjv.on.ca MAY 2025 RECREATION				1 10:00 HT Spring Painting 1130 RG Spring Colouring 2:00 HT Bocce Ball 3:30 RG Bingol	2 HT 10:00 Cards: UNO RG Exercise 11:00 HT Exercise 1:00 RG 2:00 Pictionary HT 3:30 Bingo	3 No Recreation
4 No Recreation	5 HT 10:00 Colouring Club- Spring theme RG Exercise 11:00 HT Exercise 1:00 RG 2:00 Canadian Geography quiz HT 3:30 Scrabble	6 HT 10:00 Putt Putt Golf RG 11:30 Putt Putt Golf HT 1:45 Short Story read RG 3:30 Fill in the Blanks	7 HT 10:00 Board games of choice RG Exercise 11:00 HT Exercise 1:00 RG/HT 3:00 Music & Memories	8 TR 11:30-7:30 RG 11:45 Friendly Visits HT 2:00 Memory Game RG 3:30 Cards, UNO HT 6:30 UNO	9 HT 10:00 memory games R 11:30 Bocce Ball 2:00 Mums & Moms Tea Social. Women only	10 HT 10:30 Manicures RG 11:30 Manicures HT 2:00 Bowling RG 3:30 Bowling
11 HT 10:00 Spiritual Eldercare on TV & Friendly 1:1 Visits RG 11:30 Spiritual Eldercare on TV & Friendly 1:1 Visits HT 2:00 Manicures R 3:30 Buzz words	12 TR 11:30-7:30 RG Exercise 11:00 HT Exercise 1:00 RG 2:00 Coffee News: jokes, trivia HT 3:30 Memory Matching HT 6:15 Scrabble	13 Jorja RT RG 1 1 :45 Joke telling RG 1 :45 Music Listening HT 3: 15 Farkle HT 6: 15 Game - Resident Choice	14 HT 10:00 Ker Plunk & Jenga RG Exercise 11:00 HT Exercise 1:00 Resident Council Meeting in Auditorium @ 2pm Men’s Club 6:30 pm Conservatory Room	15 Dave Off, Jorja Off No Recreation	16 No Recreation in morning Jorja RG 1:45 Manicures HT 3:15 Board Game	17 No recreation
18 Jorja 9:45 Hymn Sing HT 1030 Hymn Sing RG 130 Colouring Club HT 230 Card or Board Game	19 HT 10:30 1:1 Friendly Visits RG 11:30 1:1 Friendly Visits HT 2:00 Ladder Ball & Corn Hole RG 3:30 Balloon Badminton & Cornhole	20 HT 10:00 Painting on canvas 1130 R Painting on Canvas Bingo 2pm Auditorium; both HT & RG	21 HT 10:30 Short Story & review RG Exercise 11:00 HT Exercise 1:00 Rose & Heritage 2pm Musical Performance Tom Cowles	22 TR 11:30-7:30 H 1:30 Memory Games & Yahtzee R 3:30 Balcony social & snacks HT/R 6:15pm Walking 1:1’s on Level 1	23 11:30-7:30 Jorja TR R 1145 Music Lesson R 145 Aromatherapy H 245 PM Scrabble H 615 Farkle	24 HT 10:30 Spa/Manicures RG 11:30 Spa/Manicures HT 2:00 Bowling RG 3:30 Bowling
25 HT 10:00 Spiritual Eldercare on TV & Friendly 1:1 Visits RG 11:30 Spiritual Eldercare on TV & Friendly 1:1 Visits HT 2:00 Yahtzee RG 3:30 Tea/cookies social	26 TR 11:30-7:30 10:00 H Balcony Flowers Planting 1130 Balcony Flowers Planting 145 – 345 R/H Flowers work cont’d	27 11:30-7:30 Jorja 11 :45 Music Time RG 1 :45 Colouring Club 2:45 Colouring Club HT 6:15 Music and Mani’s Heritage	28 HT 10:00 Walk n Talk RG Exercise 11:00 HT Exercise 1:00 RG 2:00 Walk n Talk HT 3:30 Coffee News: jokes, trivia Men’s Club 6:30 pm Conservatory Room	29 HT 10:00 am Game - Resident Choice R 1145 am Buzz words HT 2:00 Snakes and Ladders Rose 3:30 Pictionary Golden Girls Club Conservatory @ 230 pm	30 10:00 H Coffee News, Jokes and Trivia, 11:00 R Coffee news, jokes and Trivia Rose 2:00 memory Matching Heritage 3:30 Trivia & You be the Judge	31 No Recreation