











# MARCH 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>March Therapeutic Recreation Program Calendar for Birch Trail</b></p> <p><b>Recreation Therapist:</b> Amanda    <b>Email:</b> <a href="mailto:agiles@sjv.on.ca">agiles@sjv.on.ca</a></p> <p><b>Mass:</b> Monday—Thursday at 9:30am &amp; 10:15am on Sunday in the Chapel</p> <p><b>*Programs are subject to change without notice*</b></p>						
<p>2</p> 	<p>3</p> <p>10:15 Fall Prevention Exercises (BT) 2:00 Card Bingo (BT)</p>	<p>4</p> <p>9:45 Montessori Activities (BT) <b>1:45 Live Entertainment with Kim Atkins (BT)</b></p>	<p>5 <b>Ash Wednesday</b></p> <p>10:15 Fall Prevention Exercises (BT) 11:30 March IQ (BT) <b>6:30 Men's Club (CnL)</b></p>	<p>6</p> <p>1:45 Fill in the Blanks (BT) 4:00 Sensory Sessions (BT)</p>	<p>7</p> <p>10:15 Fall Prevention Exercises (BT)</p> 	<p>8</p> <p>10:00 Bowling (BT/OG) 2:00 Colouring Corner (BT)</p> 
<p>9 <b>Daylight Saving Time Begins</b></p> <p>10:00 Spiritual Service (BT) 2:00 Pet Therapy (BT)</p>	<p>10</p> <p>10:15 Fall Prevention Exercises (BT) 2:45 Water Painting (BT) 6:30 Mindful Meditation (BT)</p>	<p>11</p> 	<p>12</p> <p>9:45 Mini Mani's (BT) 10:15 Fall Prevention Exercises (BT) <b>2:00 Resident's Council Meeting (Zoom)</b></p>	<p>13</p> <p>10:00 Word Searches (BT) <b>2:00 St. Patrick's Day Celebration with Synchronicity Duo (A)</b></p>	<p>14</p> <p>10:15 Fall Prevention Exercises (BT) 11:30 St. Patrick's Day Quiz (BT) 2:00 Bingo (BT)</p>	<p>15</p> 
<p>16</p> 	<p>17 <b>St. Patrick's Day</b></p> <p>10:15 Fall Prevention Exercises (BT) 11:30 Irish Sing Along (BT) <b>2:00 St. Paddy's Day Entertainment with Joey Ace (A)</b></p>	<p>18</p> <p>10:00 Name that Tune (BT) 2:00 Afternoon Tea (BT)</p>	<p>19</p> <p>10:15 Fall Prevention Exercises (BT) 11:30 Matching Game (BT) 2:00 Picture Bingo (BT) <b>6:30 Men's Club (CnL)</b></p>	<p>20 <b>Spring Begins</b></p> <p><b>2:00 Golden Girls Club (CnL)</b></p>	<p>21</p> <p><b>10:00 St. Mary's Jazz Band (A)</b> 10:15 Fall Prevention Exercises (BT)</p> 	<p>22</p> <p>10:00 Bowling (BT/OG) 2:00 Mind Joggers (BT)</p>
<p>23</p> <p>10:00 Spiritual Service (BT) 2:00 Pet Therapy (BT)</p>	<p>24</p> <p>10:15 Fall Prevention Exercises (BT) 1:45 Target Toss (BT) 6:30 Sensory Relaxation (BT)</p>	<p>25</p> <p><b>2:00 Bingo (A)</b></p> 	<p>26</p> <p>9:30 Finishing Phrases (BT) 10:15 Fall Prevention Exercises (BT) 2:00 Colouring Corner (BT)</p>	<p>27</p> <p>10:00 Mini Mani's (BT) 2:00 March Quiz (BT)</p>	<p>28</p> <p>10:15 Fall Prevention Exercises (BT) 11:30 Travelogue (BT) 2:00 Bingo (BT)</p>	<p>29</p> 
<p>30</p> 	<p>31</p> <p>10:15 Fall Prevention Exercises (BT) 11:30 Trivial Pursuit (BT)</p>					