

Sunday

Monday

Tuesday

Wednesday

Thursday







Friday

Saturday

February 2025

The Month of Love and Friendship



<p>2 9:45: Rosary (Chapel) 10:15 Daily Mass (Chapel)</p> <p>Groundhog Day</p>	<p>3 9:00 Rosary (Chapel) 9:30 Daily Mass 10:45 Manicure 1:00 pm Exercise 2:15 pm Bocce Ball</p>	<p>4 9:00 Rosary (Chapel) 9:30 Daily Mass 10:45 Reading Group 2:15 pm Horseshoes</p>	<p>5 9:30 Daily Mass 10:45 Friendly Visits 1:00 pm Exercise 6:00 pm Men's Club (Conservatory Lounge)</p>	<p>6 9:00 Rosary (Chapel) 9:30 Daily Mass 2:15 pm Crazy Crafter Circle 5:30 pm Darts</p>	<p>7 10:30 Worship Service 1:00 Exercise</p> <p></p>	<p>8 10:45 Snoezelen Room 2:15 pm Ring Toss</p>
<p>9 9:45: Rosary (Chapel) 10:15 Daily Mass (Chapel) 10:45 Crazy Crafter Circle 3:00 pm Pet Therapy with Titan</p>	<p>10 9:00 Rosary (Chapel) 9:30 Daily Mass 1:00 pm Exercise 2:15 pm Bowling Time</p>	<p>11 9:00 Rosary (Chapel) 9:30 Daily Mass</p> <p></p>	<p>12 9:30 Daily Mass 10:45 Valentine cards 1:00 pm Exercise 2:00 pm Residents' Council Meeting (by Zoom)</p> <p>Tu B'Shevat Begins</p>	<p>13 9:00 Rosary (Chapel) 9:30 Daily Mass (Chapel) 10:45 Picture Time 2:00 pm Russ Weill Piano-singer Valentines Entertainment</p>	<p>14 10:30 Worship Service 10:45 Coloring Program 1:00 pm Exercise 3:00 pm Valentine Party</p> <p>Valentine's Day</p>	<p>15 </p>
<p>16 9:45: Rosary (Chapel) 10:15 Daily Mass (Chapel)</p>	<p>17 9:00 Rosary (Chapel) 9:30 Daily Mass 10:45 Manicure 1:00 pm Exercise 2:15 pm Bocce Ball</p> <p>Presidents' Day (U.S.)</p>	<p>18 9:00 Rosary (Chapel) 9:30 Daily Mass 10:45 Science program 2:15 pm Balloon Tennis</p>	<p>19 9:30 Daily Mass 10:45 Friendly Visits 1:00 pm Exercise 2:00 pm Ladder Ball 6:30 pm Men's Club (Conservatory Lounge)</p>	<p>20 9:00 Rosary (Chapel) 9:30 Daily Mass 2:00 pm Golden Girls Club 5:30 pm Horseshoes</p>	<p>21 10:30 Worship Service 1:00 Exercise</p> <p></p>	<p>22 10:45 Snoezelen Room 2:15 pm Horse Race</p>
<p>23 9:45: Rosary (Chapel) 10:15 Daily Mass (Chapel) 10:45 Friendly visits 3:00 pm Pet Therapy with Titan</p>	<p>24 9:00 Rosary (Chapel) 9:30 Daily Mass 1:00 pm Exercise 2:15 pm Puzzle Group 5:30 pm Balloon Tennis</p>	<p>25 9:00 Rosary (Chapel) 9:30 Daily Mass 2:00 pm Bingo Villa Wide (Auditorium)</p> <p></p>	<p>26 9:30 Daily Mass 10:45 Walk and Talk 1:00 pm Exercise 2:15 pm Horseshoes</p>	<p>27 9:00 Rosary (Chapel) 9:30 Daily Mass (Chapel) 10:45 Decoration de RHA 2:15 pm Darts</p>	<p>28 10:30 Worship Service 1:00 Exercise</p> <p></p> <p>Ramaadan Begins</p>	

All Programs are subject to change and will be posted on Recreation Boards. Recreation Therapist: Romina Ponce (rominaponce@sjv.on.ca)

Our Memories



Special Events

Feb 5 – 6:00 pm Men’s Club (Conservatory Lounge)

Feb 12 – 2:00 pm Resident Council meeting (By Zoom)

Feb 13 – 2:00 pm Russ Weill Piano-singer

Valentines Entertainment

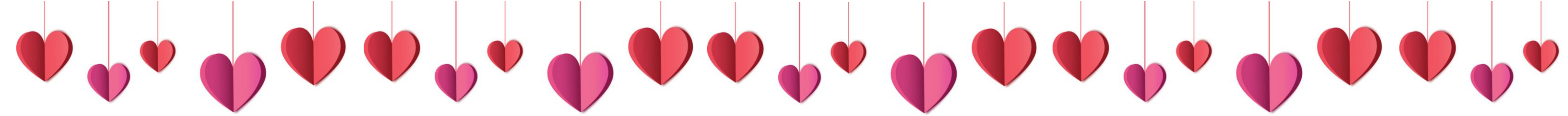
Feb 14 – 3:00 pm St Valentine Party at Willow Grove

Feb 19 – 6:00 pm Men’s Club (Conservatory Lounge)

Feb 20 – 2:00 pm Golden Girls (Conservatory Lounge)

Feb 25 – 2:00 pm Bingo Villa Wide (Auditorium)





WILLOW GROVE

Calendar

2025

RECREATIONAL
THERAPY
MONTH



St. Joseph's
Villa  Dundas



February is Therapeutic Recreation Month

Willow Grove

WHAT IS THE PURPOSE OF TR?

To enable all individuals to improve their quality of life and achieve optimal health through meaningful participation in recreation and leisure. The profession recognizes the importance of the recreation experience and supports all individuals in having full access to and the freedom to choose recreation and leisure opportunities.

WHAT DO TR PROFESSIONALS DO?

Use recreation and leisure to help maximize an individual's independence. Work with persons who may benefit from assistance to improve their quality of life. Make necessary adaptations to recreation and leisure opportunities to allow for full participation.

WHAT IS THE ROLE OF A TR?

The TR professional conducts an intensive need assessment to determine the capacities of the population being served and the appropriate personalized interventions. The TR and individual receiving services together determine the best way to assess current interests, abilities, needs, and barriers related to a meaningful leisure lifestyle.

"We are beginning to discover that the meaning of leisure is really the meaning of life, leisure is freedom and freedom is living".

Douglas H. Sessoms