












February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>February Therapeutic Recreation Program Calendar for Birch Trail</p> <p>Recreation Therapist: Amanda Email: agiles@sjv.on.ca</p> <p>Mass: Monday—Thursday at 9:30am & 10:15am on Sunday in the Chapel</p> <p>*Programs are subject to change without notice*</p>						<p>1</p> 
<p>2 10:15 Mass</p> 	<p>3 10:15 Fall Prevention Exercises (BT) 11:30 Sing Along (BT)</p>	<p>4 9:45 Mini Mani's (BT) 2:00 Vintage Card Bingo (BT)</p>	<p>5 10:15 Fall Prevention Exercises (BT) 11:30 Guessing Game (BT) 6:30 Men's Club (CnL)</p>	<p>6 2:45 Floor Darts (BT) 6:30 Mindful Meditation (BT)</p>	<p>7 10:15 Fall Prevention Exercises (BT)</p> 	<p>8 10:00 Bowling (BT/OG) 2:00 February IQ (BT)</p>
<p>9 10:00 Spiritual Service (BT) 10:15 Mass 2:00 Pet Therapy (BT)</p>	<p>10 10:15 Fall Prevention Exercises (BT) 1:45 Short Story-Preloved to Perfection (BT) 4:00 Walk & Talk (BT)</p>	<p>11</p> 	<p>12 10:15 Fall Prevention Exercises (BT) 11:30 Java Time Sing Along (BT) 2:00 Resident's Council Meeting</p>	<p>13 10:00 Mind Busters (BT) 2:00 Valentine's Entertainment (A)</p>	<p>14 Valentine's Day 10:15 Fall Prevention Exercises (BT) 11:30 Valentine's Fun Facts (BT) 2:00 Love Tea Social (BT)</p>	<p>15</p> 
<p>16 10:15 Mass</p> 	<p>17 Family Day 10:00 Sensory Sessions (BT) 2:00 Live Entertainment with Aidan Purnell (BT)</p>	<p>18 9:45 Mini Mani's (BT)</p>	<p>19 10:15 Fall Prevention Exercises (BT) 11:30 Montessori Activities (BT) 2:00 Picture Bingo (BT) 6:30 Men's Club (CnL)</p>	<p>20 2:00 Golden Girls Club (CnL)</p>	<p>21 10:15 Fall Prevention Exercises (BT)</p> 	<p>22 10:00 Bowling (BT/OG) 2:00 Colouring Corner (BT)</p>
<p>23 10:00 Spiritual Service (BT) 10:15 Mass 2:00 Pet Therapy (BT)</p>	<p>24 10:15 Fall Prevention Exercises (BT) 2:00 Live Entertainment with Kim Atkins (BT) 6:30 Montessori Activities (BT)</p>	<p>25 2:00 Bingo (A)</p> 	<p>26 10:15 Fall Prevention Exercises (BT) 11:30 Hangman (BT) 2:00 Bingo (BT)</p>	<p>27 9:30 Election Voting (A) 11:30 Finishing Phrases (BT)</p>	<p>28 10:15 Fall Prevention Exercises (BT)</p> 	

Happy TR Awareness Month