









January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>January Therapeutic Recreation Program Calendar for Orchid Garden</p> <p>Recreation Therapist: Amanda Email: agiles@sjv.on.ca</p> <p>*Programs are subject to change without notice*</p>			<p>1 New Years Day 9:30 Fall Prevention Exercises (OG) 10:30 Word Games (OG) 3:15 Music Memories (OG)</p>	<p>2 9:30 Mass 11:00 Hangman (OG) 3:15 Funny Facts (OG)</p>	<p>3 9:30 Fall Prevention Exercises (OG) 10:30 Categories (OG) 10:30 Protestant Service (Chapel)</p>	<p>4</p> 
<p>5 10:15 Mass (Chapel)</p> 	<p>6 9:30 Mass 9:30 Fall Prevention Exercises (OG) 10:30 Jeopardy (OG) 3:15 Library Visits (OG)</p>	<p>7 Orthodox Christmas 9:30 Mass 10:45 Crossword Puzzle (OG) 2:00 Live Entertainment on Birch Trail 2:00 Bingo (A)</p>	<p>8 9:30 Mass 9:30 Fall Prevention Exercises (OG) 10:30 Holiday Take Down (OG) 2:00pm Resident's Council (Zoom) 6:30 Men's Club (CnL)</p>	<p>9 E 9:30 Mass 2:00 Golden Girls Club (CnL)</p>	<p>10 9:30 Protestant Service 9:30 Fall Prevention Exercises (OG)</p> 	<p>11 10:00 Bowling (BT/OG) 3:15 Connect Four (OG)</p>
<p>12 10:15 Mass (Chapel) 11:00 Sensory Sessions (OG) 2:45 Pet Therapy (OG)</p>	<p>13 E 9:30 Mass 9:30 Fall Prevention Exercises (OG) 2:45 Cranium Crunches (OG) 6:30 Aromatherapy (OG)</p>	<p>14 9:30 Mass</p> 	<p>15 9:30 Mass 9:30 Fall Prevention Exercises (OG) 10:30 Jeopardy (OG) 3:15 Reminiscing (OG)</p>	<p>16 9:30 Mass 11:00 Sing Along (OG) 2:00 Live Entertainment with Aidan Purnell (A)</p>	<p>17 9:30 Fall Prevention Exercises (OG) 10:30 Word Scramble (OG) 10:30 Protestant Service 3:15 Your Choice Games (OG)</p>	<p>18</p> 
<p>19 10:15 Mass (Chapel)</p> 	<p>20 9:30 Mass 9:30 Fall Prevention Exercises (OG) 10:30 Card Bingo (OG) 3:15 Music Memories (OG)</p>	<p>21 9:30 Mass 12:00 Dine in Lunch (OG)</p>	<p>22 9:30 Mass 9:30 Fall Prevention Exercises (OG) 10:30 Word Mining (OG) 3:15 Aromatherapy (OG) 6:30 Men's Club (CnL)</p>	<p>23 E 9:30 Mass 2:00 Magic Show (A)</p>	<p>24 9:30 Fall Prevention Exercises (OG) 10:30 Protestant Service</p> 	<p>25 10:00 Bowling (BT/OG) 3:15 Funny Stories (OG)</p>
<p>26 10:15 Mass (Chapel) 11:00 Sensory Sessions (OG) 2:45 Pet Therapy (OG)</p>	<p>27 E 9:30 Mass 9:30 Fall Prevention Exercises (OG) 2:45 Name that Tune (OG) 6:30 Mindful Meditation (OG)</p>	<p>28 9:30 Mass</p> 	<p>29 9:30 Mass 9:30 Fall Prevention Exercises (OG) 10:30 Word Scramble (OG) 3:15 Card Games (OG)</p>	<p>30 9:30 Mass 10:45 Crossword Puzzle (OG)</p>	<p>31 9:30 Fall Prevention Exercises (OG) 10:30 Protestant Service 10:45 Hangman (OG) 2:00 Live Entertainment on Birch Trail</p>	