









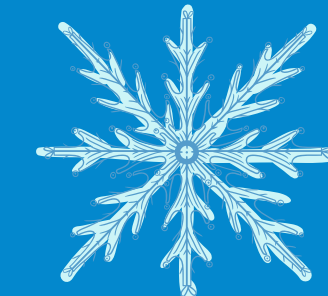





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 	20 9:45AM Social Hour (VT) 10:45AM Mind Joggers(LG) 1:30 Exercise Group 1:45 Happiness Program (VT) 3:15PM Board Games (LG)	21 	22 1:30 Exercise Group 1:45PM Travelodge (VT) 3:00PM Coloring Group (LG) 6:30PM Mens Club (CnL)	23  Jeff The Magician (A) 	24 9:45AM Meditation Group (VT) 10:45AM Balloon Badminton (LG) 1:30 Exercise Group 2:00 Cranium Crunch 3:15 Snozelen Room	25 10:00AM Bowling (BA) 1:45PM Word Mining 3:15 Susie Q sing along
26 9:45AM Virual Church Service (VT) 10:45AM Current Events (LG) 2:00 Happiness Program (VT) 3:15PM Paddy's Clothing shop (CnL)	27  1:30PM Exercise Group	28 9:45AM Bingo 10:45PM Montessori Activity(LG) 	29 9:45AM Board Games (VT) 10:45AM You be the Judge (LG) 1:30 Exercise Group 1:45 Target Toss(VT) 3:15PM RHA Meeting (LG)	30 9:45AM Happiness Program (VT) 10:45AM Remember When (LG) 2:30PM Ron Russel Entertains (LG)	31 9:45AM Snoezelen Visits (VT) 10:45AM Ball Toss (LG) 1:30 Exercise Group 1:45PM Music Interlude (VT) 3:15PM Arts & Crafts (LG)	



Lilac Garden Program & Services

Programs are subject to change. For any questions or concerns, please feel free to reach out to
 Jason Barros Therapeutic Recreationist jbarros@sjv.on.ca

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Valley Trail Program & Services

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