

Therapeutic Recreation Weekly Program Calendar

Valley Trail

Therapeutic Recreationist: Jason Barros j_barros@sjv.on.ca

Week of - November 18th 2024 - November 24th 2024

**Monday
Nov 18th**

**11AM
Exercise
Class**

**Tuesday
Nov 19th**

**9:45AM
Susie Q Sing a long
(VT)**

**10:45AM
Montessori Activity
(LG)**

**1:45PM
Remember When
(VT)**

**2pm Bingo
(A)**

**3:00PM Balloon
Badminton
(LG)**

**Wednesday
Nov 20th**

**9:45AM
Current Events
(VT)**

**10:45AM
Meditation Group
(LG)**

**11AM
Exercise
Class**

**Thursday
Nov 21st**

**10:30AM -11:45AM
Holiday Fair
Shopping
(A)**

**1:45PM
Coloring Club
(VT)**

**3:00PM
Travelodge
(LG)**

**Friday
Nov 22nd**

**9:45AM Ladder
Ball
(VT) 10:45AM
Board Game**

**11AM
Exercise
Class**

**1:45PM
Happiness
Program
(VT)**

**03PM
Montessori
Activity (LG/VT)**

**Saturday
Nov 23rd**

**Sunday
Nov 24th**

Therapeutic Recreation Weekly Program Calendar

Lilac Garden

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