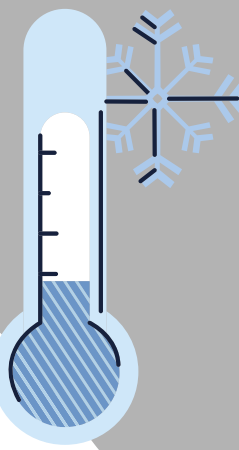


Therapeutic Recreation Weekly Program Calendar

Valley Trail

Therapeutic Recreationist: Jason Barros j_barros@sjv.on.ca



Week of January 22nd 2024 - January 28th 2024

Monday
Jan. 22nd

9:45
Coloring
Club

11AM
Exercise
Class

2:00
Meditation
Group



Tuesday
Jan. 23rd

11AM
Exercise Class

1:30PM
Bingo

4:15
Snoezelen
Room

Wednesday
Jan. 24th

11AM
Exercise Class

2PM
Let's Make 2024
Magical with
Owen
Anderson
(A)

6:30
Mens Club
(CnL)

Thursday
Jan. 25th



Friday
Jan. 26th

9:30AM
Target Toss

11AM
Exercise Class

2:00
Paddys
Clothing
shop

Saturday
Jan. 27th

10:00AM
Bowling
(BA)

2:00
Word
Mining

Sunday
Jan. 28th

9:30AM
Virtual Church
Service

3PM
Music
Interlude

