

# JANUARY



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## PINE GROVE'S WEEKLY THERAPEUTIC RECREATION CALENDAR

Monday  
January 29th

9:30AM  
CHAPEL  
SERVICES

12:30PM  
AFTERNOON  
COLOURING  
& MUSIC  
CLUB

6:30PM  
SNOEZELEN  
& FRIENDLY  
VISITS (1:1)

Tuesday  
January 30th

Wednesday  
January 31st

9:30AM  
CHAPEL  
SERVICES

9:30AM  
MID-WEEK  
MANICURES

FALL  
PREVENTION  
EXERCISE 11:00AM

2:15PM  
MUSIC &  
MATCHING

Thursday  
February 1st

9:15AM  
MEET & GREET  
NEW TR!



2:15PM  
HAND  
MASSAGES

Friday  
February 2nd

Raffaele's  
Birthday!



9:30AM  
CHAPEL  
SERVICES  
FALL  
PREVENTION  
EXERCISE  
11:00AM

2:15PM  
TEA &  
CHATS



Saturday  
February 3rd

Sunday  
February 4th

