## January Therapeutic Recreation Weekly Program Calendar for Orchid Garden

Recreation Therapist: Amanda Email: agiles@sjv.on.ca

## **January 29th—4th 2024**

Mass: Monday—Thursday @ 9:30am & 10:00am on Sunday in the Chapel

6							
5	Monday,	Tuesday,	Wednesday,	Thursday,	Friday,	Saturday,	Sunday,
	January 29th	January 30th	January 31st	February 1st	February 2nd	February 3rd	February 4th
	10:15		10:15	11:00	10:15		
1	Fall Prevention		Fall Prevention	Black History	Fall Prevention		10 (1) (1) (1) (1) (1) (1) (1) (1) (1) (1)
ŀ	Exercises (OG)		Exercises (OG)	True or False	Exercises (OG)	//\\\ hot	t cocoa
٠				(OG)		1. \ snowmer	
•	12:30	30. 20	11:00		11:00	fireplace 3	skates
1	Walk & Talk (OG)		Word Scramble	3:15	Word Mining	ski V	
١,			(OG)	Sensory Sessions	(OG)	WIS	hoots
	3:15	3 T		(OG)		hmmm	anoutlakes
=	Music &				3:15	mittens	tohoggan
=	Memories (OG)				Valentine's	icicles co	onts \
					Decorating (OG)		
7							
						4 (NOTE: 4)411	