

January Therapeutic Recreation Weekly Program Calendar for Orchid Garden

Recreation Therapist: Amanda Email: agiles@sjv.on.ca

January 29th—4th 2024

Mass: Monday—Thursday @ 9:30am & 10:00am on Sunday in the Chapel

Monday, January 29th	Tuesday, January 30th	Wednesday, January 31st	Thursday, February 1st	Friday, February 2nd	Saturday, February 3rd	Sunday, February 4th
10:15 Fall Prevention Exercises (OG)		10:15 Fall Prevention Exercises (OG)	11:00 Black History True or False (OG)	10:15 Fall Prevention Exercises (OG)		
12:30 Walk & Talk (OG)		11:00 Word Scramble (OG)	3:15 Sensory Sessions (OG)	11:00 Word Mining (OG)		
3:15 Music & Memories (OG)				3:15 Valentine's Decorating (OG)		