January Therapeutic Recreation Weekly Program Calendar for Orchid Garden

Recreation Therapist: Amanda Email: agiles@sjv.on.ca

January 22nd—28th 2024

Mass: Monday—Thursday at 9:30am & 10:00am on Sunday in the Chapel

Š	Monday,	Tuesday,	Wednesday,	Thursday,	Friday,	Saturday,	Sunday,
	January 22nd	January 23rd	January 24th	January 25th	January 26th	January 27th	January 28th
	10:15	11:00	10:15	12:30	10:15	10:00	11:00
1	Fall Prevention	Random Trivia	Fall Prevention	Friendly Visits	Fall Prevention	Bowling (OG)	Movement to
J	Exercises (OG)	(OG)	Exercises (OG)	(OG)	Exercises (OG)		Music (OG)
•						3:15 Reminiscing (OC)	
•	11:00		11:00	3:15		Reminiscing (OG)	2:45
	Word Scramble		Categories (OG)	Walk & Talk (OG)			Pet Therapy (OG)
`	(OG)						
			2:00			N vs	
	1:30		Let's Make 2024				
	Music Therapy		Magical Show (A)				
	(OG)		6.20				
7			6:30				