S N A C K M E N U 2 0 2 3 - S U N D A Y R/S/M = Regular, Soft & Minced All = Regular, Soft, Minced & Puree

	Fluids - All Snacks											
		200 ml	Low Calorie Drink	✓	✓	√	✓					
		200 ml	Tea/Coffee	✓	✓	✓	✓					
		200 ml	Water	✓	✓	✓	✓					
ω	e	Meal Portion			DIET							
Choice	Texture	Regular & Small	Regular	Mod. Diabetic	Restr. Diabetic Reducing	Low Lactose	Low Sodium					
	SUNDAY - MIDAFTERNOON SNACK (PM)											
1st	R/S/M	2-cookie	Wafer Cookie	√	√	✓	√					
	Puree	1-#16 scoop	Wafer Cookie (P)	✓	✓	✓	✓					
2nd	All	1-cup	Fruitsation Applesauce Cup	✓	✓	✓	✓					
	SUNDAY - BEDTIME SNACK (HS)											
	R/S/M	1-Bar	Nutrigrain Bar	JAY - BEDTIME SI	VACK (H5) √	√	✓					
1st	Puree	1-#16 scoop	Nutrigrain Bar (P)	√	√	√	√ ·					
	R/S/M	1-yogurt	Yogurt	✓	√	✓ low lactose	√					
2nd	Puree	1-yogurt	Yogurt -smooth (P)	✓	✓	✓ low lactose	✓					
	Tures Tyogart Smooth (T)											
	MONDAY - MIDAFTERNOON SNACK (PM) P/S/M 2-cookie Social Tea Cookie ✓ ✓ ✓ ✓ ✓ ✓											
1st	Puree	1-#16 scoop	Social Tea Cookie (P)	√	V	√	√					
			Fruitsation			·						
2nd	All	1-cup	Applesauce Cup	✓	✓	✓	✓					
			MONI	DAY - BEDTIME SI	NACK (HS)							
		1-slice	Cheese	,								
10t	R/S/M	4-each	Crackers	√	✓	√	✓					
1st	Puree	1-#16 scoop	Crackers (P)	√	✓	✓	√					
		•	with cheese whiz	✓	✓	Z. Javolastasa	√					
2nd	R/S/M Puree	1-yogurt 1-yogurt	Yogurt Yogurt -smooth (P)	∨	√	✓ low lactose ✓ low lactose	√					
	1 0100	r yogurt	rogant omooth (r)		·	iow idotoco	·					
			TUESDAY	- MIDAFTERNOO	N SNACK (PM)							
1st	R/S/M	2-cookie	Chocolate Chip Cookie	✓	✓	✓	✓					
	Puree	1-#16 scoop	Choc Chip Cookie (P)	✓	✓	✓	✓					
2nd	All	1-cup	Fruitsation	✓	✓	✓	✓					
		'	Applesauce Cup									
			TUES	DAY - BEDTIME S	NACK (HS)							
4-4	R/S/M	1-scone	Savory Scone	✓	✓	✓	✓					
1st	Puree	1-#16 scoop	Savory Scone (P)	✓	√	✓	√					
	R/S/M	1-yogurt	Yogurt	✓	✓	✓ low lactose	✓					
2nd	Puree	1-yogurt	Yogurt -smooth (P)	√	✓	✓ low lactose	✓					
		• •	WEDNESDA	Y - MIDAFTERNO	ON SNACK (PM)							
	R/S/M	2-cookie	Oatmeal Cookie	√	√	✓	✓					
1st	Puree	1-#16 scoop	Oatmeal Cookie (P)	✓	✓	✓	✓					
2nd	All	1-cup	Fruitsation Applesauce Cup	✓	✓	√	✓					
				SDAY - BEDTIME	SNVCK (HS)							
	R/S/M	1-cookie	Fig Cookie	JUAT - BEDTIME	√	√	✓					
1st	Puree	1-#16 scoop	Fig Cookie (P)	✓	✓	✓	✓					
2nd	R/S/M	1-yogurt	Yogurt	√	√	✓ low lactose	√					
-114	Puree	1-yogurt	Yogurt -smooth (P)	✓	✓	✓ low lactose	✓					

S N A C K M E N U 2 0 2 3 - S U N D A Y R/S/M = Regular, Soft & Minced All = Regular, Soft, Minced & Puree

	Fluids - All Snacks									
		200 ml	Low Calorie Drink	✓	✓	✓	✓			
		200 ml	Tea/Coffee	√	√	√	√			
		200 ml	Water	✓	✓	✓	✓			
ice	Texture	Meal Portion	DIET							
Choice		Regular & Small	Regular	Mod. Diabetic	Restr. Diabetic Reducing	Low Lactose	Low Sodium			
	THURSDAY - MIDAFTERNOON SNACK (PM)									
1st	R/S/M	1-cookie	Fruit Turnover Cookie	✓	✓	✓	✓			
	Puree	1-#16 scoop	Fruit Turnover Cookie (P)	✓	✓	✓	✓			
2nd	All	1-cup	Fruitsation Applesauce Cup	✓	✓	✓	✓			
	THURSDAY - BEDTIME SNACK (HS)									
1st	R/S/M	1-slice	Fruit Bread	✓	✓	✓	✓			
	Puree	1-#16 scoop	Fruit Bread (P)	✓	✓	✓	✓			
	R/S/M	1-yogurt	Yogurt	✓	✓	✓ low lactose	✓			
2nd	Puree	1-yogurt	Yogurt -smooth (P)	✓	✓	✓ low lactose	✓			
	FRIDAY - MIDAFTERNOON SNACK (PM)									
1st	R/S/M	2-cookie	Digestive Cookie	√	√	√	√			
	Puree	1-#16 scoop	Digestive Cookie (P)	✓	✓	✓	✓			
2nd	All	1-cup	Fruitsation Applesauce Cup	✓	✓	✓	✓			
	FRIDAY - BEDTIME SNACK (HS)									
	R/S/M	1-scone	Sweet Scone	✓	✓	✓	✓			
1st	Puree	1-#16 scoop	Sweet Scone (P)	✓	✓	✓	✓			
	R/S/M	1-yogurt	Yogurt	✓	✓	✓ low lactose	✓			
2nd	Puree	1-yogurt	Yogurt -smooth (P)	✓	✓	✓ low lactose	✓			
			SATURDA	/ - MIDAFTERNO	ON SNACK (PM)					
	R/S/M	2-mini	Mini Donut	√ VIIIDAI TERROC	√ SNACK (FIII)	✓	✓			
1st	Puree	1-#16 scoop	Mini Donut (P)	✓	✓	✓	√			
2nd	All	1-cup	Fruitsation Applesauce Cup	✓	✓	✓	✓			
			Applesauce Cup							
	BEDTIME SNACK (HS)									
1st	R/S/M	1-muffin	Muffin	✓	✓	✓	✓			
	Puree	1-#16 scoop	Muffin (P)	✓	✓	✓	✓			
2nd	R/S/M	1-yogurt	Yogurt	✓	✓	✓ low lactose	✓			
	Puree	1-yogurt	Yogurt -smooth (P)	✓	✓	✓ low lactose	✓			