January Therapeutic Recreation Weekly Program Calendar for Birch Trail

Recreation Therapist: Amanda Email: agiles@sjv.on.ca

January 29th—4th 2024

Mass: Monday—Thursday @ 9:30am & 10:00am on Sunday in the Chapel

c	MAK .						
5	Monday,	Tuesday,	Wednesday,	Thursday,	Friday,	Saturday,	Sunday,
	January 29th	January 30th	January 31st	February 1st	February 2nd	February 3rd	February 4th
i	9:30		9:30	10:00	9:30		
1	Fall Prevention		Fall Prevention	Valentine's	Fall Prevention		
	Exercises (BT)		Exercises (BT)	Decorating (BT)	Exercises (BT)	//\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	t cocoa
١						/, \ snowmer	
•	1:45	30. 33	10:00	2:00	10:00	fireplace 🔌	🎉 skates 📑
	Matching Game		Name that Tune	Celebrating Black	Travelogue (BT)	ski V / N	
•	(BT)		(BT)	History (BT)		W	A hoots
		3 15			2:00	homon	an antilahes
	6:15		2:00		Movement to	mittens	tohoggan
=	Snoezelen		Bingo (BT)		Music (BT)	iniales an	ats Ma
	Sessions (BT)					1010100 00	
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