








January Therapeutic Recreation Weekly Program Calendar for Birch Trail

Recreation Therapist: Amanda Email: agiles@sjv.on.ca

January 22nd—28th 2024

Mass: Monday—Thursday at 9:30am & 10:00am on Sunday in the Chapel

Monday, January 22nd	Tuesday, January 23rd	Wednesday, January 24th	Thursday, January 25th	Friday, January 26th	Saturday, January 27th	Sunday, January 28th
9:30 Fall Prevention Exercises (BT)	10:00 Sing Along (BT)	9:30 Fall Prevention Exercises (BT)	1:45 Robbie Burns Day Entertainment (BT)	9:30 Fall Prevention Exercises (BT)	10:00 Bowling (BT)	10:15 Spiritual Service (BT)
10:00 Tricky Trivia (BT)		10:00 Reminiscing (BT)	6:15 Montessori Activities (BT)		2:00 Colouring Club (BT)	2:00 Pet Therapy (BT)
3:00 Music Therapy (BT)		2:00 Let's Make 2024 Magical Show (A)				3:00 Piano Gather (BT)
		6:30				