



## March 2019 - Villa Wide



### Programs

**Every Tuesday** – 2:00pm Bingo (A)

**Every Thursday** – 10:30am Knit & Chat (CnL)

**March 4<sup>th</sup>** – 2:00pm Monthly Auction (A)

**March 5<sup>th</sup> & 19<sup>th</sup>** – 2:15pm Pottery (A)

**March 10<sup>th</sup> & 24<sup>th</sup>** – 6:00pm Men's Club (CnL)

**March 11<sup>th</sup>** – 2:00 p.m. Residents' Council (A)

**March 12<sup>th</sup>** – 2:30pm Hymn Sing (Chapel)

**March 16<sup>th</sup>** – 2:15pm St. Patrick's Day Party (A)

A – Auditorium

CnL – Conservatory Lounge



Please refer to the calendars on the units for more activities and opportunities to get involved.



Family members want to give loved ones the best, most compassionate care possible. Please consider joining the Family Council to advocate for changes and recommendations that will help better serve you and your family. Members meet monthly to support each other and discuss topics that are important to St. Joseph's Villa residents' quality of life. If you are interested in attending the next meeting is **March 16, 1-3 p.m. in the Villa Boardroom, Ground Floor.** If you have any questions, you can contact the Chair, Eda Cipolla at [edacipolla@gmail.com](mailto:edacipolla@gmail.com)

## IPAD Training

Attention all **residents** interested in

### **training using iPads and tablets**



Please contact Pamela Tasane in the Therapeutic *Recreation* department to learn more about this opportunity.



ptasane@sjv.on.ca OR 289-775-1639

**To: All Staff, Residents and Families**

**Re: Changes to Nursing Department Shift Times and Breakfast Times**

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We recognize and appreciate the hard work of the nursing and personal care staff, and dietary staff each day to provide quality morning care and breakfast meal service to our residents. In the past we have added staff positions, changed routines – and yet we continue to have difficulty in providing morning care to all residents that is not rushed, as well as provide breakfast in a timely fashion – with all staff present in the dining room for assistance.

**Effective April 6<sup>th</sup>, 2020 – All nursing and personal care shift start times will change:**

- Day Shift – 0600 hrs – 1400 hrs
- Evening Shift – 1400 hrs to 2200 hrs
- Night Shift – 2200 hrs to 0600 hrs

**We will also be changing the breakfast start time later by 15 minutes:**

- First Sitting Breakfast – Food service to begin at 0815 hrs
- Second Sitting Breakfast – Food service to begin at 0845 hrs

With these 2 changes, all nursing and personal care staff will now have more time to complete morning care and have residents ready in the dining room (based on individual residents' plan of care) for breakfast. Lunch and supper meal times will remain the same. It is also the expectation that Registered and PSW staff are in the dining promptly for the start of each meal service, and work as a team with dietary staff to serve plated food, monitor and feed residents.

Morning report for nursing and personal care should begin at 0600 hrs, and all staff should be ready to begin care by approx. 0620 hrs. This then allows for a minimum of 1.5 hours per staff member before breakfast to provide care.

Thank you for your understanding, and we look forward to this change having a positive impact on residents and staff.



We are pleased to announce the following leadership changes as a result of our increasing focus on Ontario Health Teams and expansion of the Integrated Comprehensive Care initiative.

Carolyn Gosse will be leaving her role as President of St. Joseph's Villa Dundas, effective February 10<sup>th</sup>, 2020. She will continue her roles as President of St. Joseph's Home Care as well as Vice President Integrated Care at St. Joseph's Health System. In addition, she will continue as Lead of the Centre for Integrated Care.

John Woods has been identified as Carolyn's replacement and will start as President of St. Joseph's Villa Dundas on February 10<sup>th</sup>, 2020.

John joined St. Joseph's Healthcare Hamilton in 1998 as Director of Strategic Planning and has held several leadership roles of increasing responsibility including; Director of Research Services, Director of Quality Planning & Performance, Director of Medical Affairs, Risk & Legal, Vice President of Strategic Initiatives for the St. Joseph's Health System, and most recently, Interim President for St. Mary's General Hospital in Kitchener.

John's empathetic and relationship-based leadership style, with a focus on results, mission and strategy is highly valued and will be a great asset to the Villa. Please join us in congratulating John in his new role.

We wish to thank Carolyn Gosse for her excellent leadership of the Villa since October 2018. John and Carolyn will be working together to ensure a smooth transition of responsibilities.

If you have any questions regarding this message, please reach out to Mieke Ewen, Administrator at ex. 2223.



We are thrilled to announce that our Behavioural Supports Ontario (BSO) Long Term Care (LTC) team, here at St. Joseph's Villa who sport 85 other Homes across Hamilton, Niagara, Haldimand-Norfolk, Burlington and Brantford has been approved by the Registered Nurses Association of

Ontario (RNAO) to embark on the Best Practice Spotlight Organization (BPSO) pre-designation journey! We are humbled to be Ontario's first BSO program granted the opportunity to work towards achieving this highly respected designation.

The BSO staff work alongside LTC staff in each home to support residents with responsive behaviours. The BSO staff looks at strategies to help reduce, decrease or manage the responsive behaviour through careful history taking, assessments, modelling and coaching of approaches, care techniques and interventions.

The following clinical guidelines will be our focus for this designation process:

- Person-and-Family Centred Care
- Delirium, Dementia and Depression in Older Adults
- Assessment and Management of Pain

We would also like to extend our appreciation to St. Joseph's Villa staff and management for their support of this project. The BSO staff members who support this site look forward to implementing these practices with the residents we serve here at the Villa.

We are excited to begin this journey and look forward to sharing our programs along the way!

JoAnne Chalifour, BSO Project Manager



**To:** Residents, Staff, Families, Volunteers and Visitors

**Re:** Novel Coronavirus (2019-nCoV) update

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Ontario continues to share information to the public regarding the Novel Coronavirus through the Ontario Ministry of Health website. The Ontario website is update daily.

*The Villa team continues to monitor this situation. We continue operations as usual, and any risk continues to remains low to our residents, families, staff, visitors and volunteers.*

**Self-Screening** – We continue to have signage at the main entrances and reception for self-screening.

**Personal protective equipment (PPE)** – PPE is available for staff to use when caring for any person with respiratory illness. We have ensured that we have stock of required items, in the event that his needed. Routine practices for infection control are to be followed at all times.

Specialty items remain on world-wide back order, as all organizations are ordering supplies at this time. We continue communication with our suppliers to ensure we can receive these as soon as possible. Respirator masks are not required for routine respiratory illness or precautions. A this time, there is no shortage of regular items for routine practices.

***\*\* We continue to encourage everyone to remain at home if they are feeling unwell, and we will continue screening to ensure that we are limiting entry to anyone who is feeling unwell.***

**We will provide updated communication as it becomes available. Please reach out to the Infection Control team, if you have any questions at ex. 2228.**

*More information can be found on the following websites:*

Ontario Ministry of Health: [www.ontario.ca/coronavirus](http://www.ontario.ca/coronavirus)

Hamilton Public Health Services: <https://www.hamilton.ca/public-health>

Public Health Agency of

Canada: <https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection.html>

Government of Canada Travel Advice and

Advisory: <https://travel.gc.ca/travelling/advisories/pneumonia-china>

# **S.I.M GYM**

**March 5th, 2020**

**11:30am-1:00pm**

## **BRING YOUR LUNCH AND LEARN**

**Here's what you'll learn from this free foot and heel pain workshop with Avi Singh from Precision Physiotherapy**

- **The top 2 most common causes of heel and foot pain**
- **Single biggest #1 mistake heel and foot pain sufferers make resulting in a condition that necessitates surgery**
- **How you can heal naturally without medications, injections, or surgery**
- **Do-it-yourself techniques that will make you feel better immediately after the workshop**
- **Advanced pain relief Breakthrough technology of a Magic Wand machine - Extracorporeal Shockwave Therapy**

**Talk takes place in the auditorium of St. Joseph's Villa  
56 Governor's road, Dundas  
Call 905-627-3541 ext 2109  
or email [s.i.mgym@sjv.on.ca](mailto:s.i.mgym@sjv.on.ca)  
to reserve your spot**

Attention ALL Staff, Resident's and Families

NEW Program Initiative: **FREDD (FAST RESPONSE FOR EMERGENCY DEPARTMENT TRANSFERS.)**

## **Say Hi to FREDD!**

St. Joseph's Villa is pleased to announce that we are Participating in a Pilot Project with the goal of reducing resident transfers to the Emergency Department. Hospital Transfers in the frail elderly population can be long and increase the risk of confusion, worsen delirium and lead to other risks such as pressure ulcers, not to mention the long wait times for services. The FREDD program promotes keeping our resident's safe in their home while their symptoms are managed and Quality Resident Care is maintained.

FREDD is a 2-month long pilot running until March 31/2020.

The FREDD Program partners with the Hamilton Paramedic Services to provide an on site consult and management of certain symptoms including Influenza like illness, dehydration and IV initiation, as well as family consultation.

The Nurse Management team and Charge Registered staff have access to the FREDD team 7 days a week from 06:15 to 18:15.

As always the Physician and POA will be involved in decision making to utilize the FREDD Program.

## **When at home – stay at home!**





MARGARET'S  PLACE  
Hospice at St. Joseph's Villa

## BENEFIT CONCERT



## SARENA PATON & FERNANDO LIMA

**Sunday, March 15, 2020 at 3:00 pm**

St. Augustine's Parish  
58 Sydenham Road, Dundas

*Special Guests*

Laura Pin– Piano, Gary Santucci– Guitar  
Liz Tremain–Violin, Adam Simpson–Violin  
Glenn Wellbourne–Viola, Beata Vertes–Cello

**TICKETS \$35**

**PHONE : 905-518-6078**

**[margaretsplacesjv.ca](http://margaretsplacesjv.ca)**



ST. JOSEPH'S VILLA  
FOUNDATION



## **HONOUR A VILLA STAFF MEMBER OR VOLUNTEER!**

Do you know a staff member or volunteer whose support and commitment gives your family peace of mind?



Do something special to recognize their kind words, sense of humour, knowledge! Tell them how much they mean to YOU.

**Consider making a gift to St. Joseph's Villa Foundation!**

**With your permission, we'll let them know that they've inspired YOU!**



Make a gift that will help staff, volunteers and our entire care team keep on giving!

**VISIT US!**

**[SJVFOUNDATION.CA](http://SJVFOUNDATION.CA)**

**Include your message of thanks!**



**ST. JOSEPH'S VILLA  
FOUNDATION**



ST. JOSEPH'S VILLA  
FOUNDATION

PRESENTS

**19<sup>TH</sup> ANNUAL  
VILLA GALA**

*inspire*

**FRIDAY, APRIL 24, 2020**

**LIUNA STATION**

360 JAMES ST. N. HAMILTON  
COCKTAILS 6PM / DINNER 7PM

**TICKETS: \$250 EACH**

*presented by*

**LiUNA!**

*Feel the Power*

**HONOURARY CHAIRS  
JOSEPH & ENZA  
MANCINELLI**

VP & REGIONAL MANAGER, CENTRAL  
AND EASTERN CANADA - LABORERS'  
INTERNATIONAL UNION OF NORTH AMERICA

ST. JOSEPH'S VILLA FOUNDATION - 56 GOVERNOR'S ROAD, DUNDAS, ON L9H 5G7

**EVENT CONTACT: TERESA T.SILVESTRO@SJV.ON.CA 905-627-9011 X2327**

[www.sjvfoundation.ca](http://www.sjvfoundation.ca)