

February 2020 - Villa Wide Programs

Every Tuesday – 2:00pm Bingo (A)

Every Thursday – 10:30am Knit & Chat (CnL)

Feb 5th – 2:00pm Monthly Auction (A)

Feb 20th – 2:15pm Pottery Club (A)

Feb 11th & 25th - 6:30pm Men's Club (CnL)

Feb 12th – 2:30pm Valentine's Day Social (A)

Feb 19th – 2:00pm Residents Council Meeting (A)

Feb 26th – 6:00pm Hockey Team Games Night (CnL)

Feb 28th - 2:00pm T.R. Awareness Day (CnL)

A – Auditorium CnL – Conservatory Lounge



Please refer to home area calendars for more opportunities to
get involved!



TR Department News

We would like to share some of the changes that have and will take place in the TR department. Please see the chart below for new RHA assignments as of January 20th, 2020.

Please note: Natalie Mitchell has accepted the temporary position of **TR Lead** within the department.

NORTH TOWER	RHA	TR	Phone Number
3 rd & 4 th Floor	Balsam Trail & Tulip Garden	Jason Barros & Amanda Rip	289-339-4201
	Valley Trail & Lilac Garden	Jason Barros & Amanda Rip	
1 st & 2 nd Floor	Heritage Trail & Rose Garden	Natalie Mitchell & Casey Danton (NEW as of Feb 3, 2020)	289-339-4856
	Orchid Garden	Natalie Mitchell & Casey Danton (NEW as of Feb 3, 2020)	
1 st Floor	Birch Trail	Amanda Giles & Ashley Morrison	289-339-6238
SOUTH TOWER	RHA	TR	Phone Number
3 rd & 4 th Floor	Oak Grove & Cherry Lane	Josue Cruz & Adam Buys	289-775-1586
	Cedar Grove & Primrose Lane	Josue Cruz & Adam Buys	
1 st & 2 nd Floor	Maple Grove & Trillium Lane	Pamela Smith & Katie Halizak	289-775-1639
	Willow Grove	Pamela Smith & Katie Halizak	
Ground Floor	Pine Grove	Amanda Giles & Ashley Morrison	289-339-6238

Family members want to give loved ones the best, most compassionate care possible. Please consider joining the Family Council to advocate for changes and recommendations that will help better serve you and your family. Members meet monthly to support each other and discuss topics that are important to St. Joseph's Villa residents' quality of life. If you are interested in attending the next meeting is



February 10, 7-9 p.m. in the Villa Boardroom, Ground

Floor. If you have any questions, you can contact the Chair, Eda Cipolla at edacipolla@gmail.com

Dear Families & Friends

Please help us to keep our resident's safe this cold & flu season. If **you** are not well (**have any cold/flu like symptoms – runny nose, cough, sore throat, congestion etc.- even if mild**) it is best that you **DO NOT VISIT YOUR LOVED ONE** until your symptoms have

resolved. If you must come in to visit, and have even a slight cough, please ask the staff for a mask to wear while you visit and wash your hands before and after your visit.



As much as our residents really love family and friends to visit, I am sure they would understand, it's not worth them contracting a cold or worse.

Also if your loved one is on a unit that has an outbreak, even if your loved one is not one of the 'sick ones', please do not take them off the home area as they could be incubating the virus and potentially spread it to others without even knowing it.

Thank you

Nurse Management Team



Skin& Wound Nurses

We are pleased to announce that Amanda Fizer will be taking on the role of the North Juravinski Tower and Convalescent Care Unit, Skin and Wound Nurse. She will begin training with Elizabeth immediately, then transition into the role fully in two weeks. Her hours will be Monday to Friday 0830-1630.

Amber Lauzon has accepted the South McArthur Tower Skin and Wound Nurse position and will be starting on February 3. Her hours will be 0630-1430 Monday-Friday.

Amanda Fizer will continue overseeing the North Juravinski and CCU skin and wound role.

Nurse Management Office Moves

You may have noticed that there have been some office moves made with the Resident Care Managers relocating from the First Floor to the Resident Home Area conference rooms.



- 2 North: Terri Davidson RCM
- 3 North: Jaimie Hoye RCM
- 2 South: Heather Roberts RCM
- 3 South: Amanda Myke RCM

First floor offices (by reception) are now occupied by: Assistant Directors of Care for North, South, and the Convalescent Care Unit (Natalie Cameron, Jenny Ngeleka and Sharon Guit) as well as Directors of Care (Marlena Jakob and Mirielle Tessier.)

This is in effort to improve Management Visibility and Availability to front-line, Residents and Families. All phone extensions will be the same.

Thank you.

Beauty Salon Prices

Debbie's Hair Salon

The hairdresser (Debbie) will be on vacation from February 13-23. There will be two hairstylists, Felice and Wanda who will work those weeks. The Beauty Salon will be closed from February 15th-19th and the 22nd. Please call ext. 2237 to book an appointment in advance by February 7th.

Also there has been an increase in prices. These rates have been posted in the elevator.

Thank you for your understanding.

Debbie's Hair Studio

February 25, 2020

**HST Included in Prices
(Subject to change)**

Service	Total
Wash	\$10.50
Wash & Set	\$27.30
Cut Only	\$26.25
Wash & Cut	\$31.50
Wash, Cut & Set	\$44.10
Colour & Set	\$54.60
Colour, Cut, Set	\$71.40
Perm	\$78.75
Treatment	\$21.00
Men's Buzz	\$15.75
Men's Cut	\$17.50
Beard Trim	\$10.50
Shave	\$5.25
Waxing	\$15.75

Person-and-family-centred care

Our Behavioural Supports Ontario (BSO) Long Term Care team, here at St, Joseph's Villa and in other Homes across Hamilton, Niagara, Haldimand and Brant, is currently working on a project to enhance the use of person-centred language. Being person-and-family-centred means seeing the person, respecting his/her culture and other influences, being open and compassionate about each person's unique experiences and taking the time to establish a trusting relationship by honouring what matters to the person and his/her chosen family.

A pilot project is currently under way to trial the use of a more person-and-family-centred version of BSO's "I am who I am" form. This form is used to collect information from new residents & their family members in order to get to know the person and to communicate the information to the staff that will be caring for them.

BSO Provincial Coordinating Office (PCO) developed a Person-centred Language Initiative and invites healthcare providers & organizations to become advocates of person-centred language and care. To learn more about BSO and take the pledge, use the following link:

<http://www.behaviouralsupportsontario.ca/Pledge>



Persistence and willingness to develop person-centred approaches seem to be key to improve care for people with responsive behaviours.

JoAnne Chalifour, BSO Project Lead

S.I.M GYM

February 20th, 2020

11:30am-1:00pm

BRING YOUR LUNCH AND LEARN

Join Alex Holton from the Heart and Stroke Foundation as he speaks about what you can do to maintain or improve your cardiac health through nutrition, activity, and healthy habits.

**Talk takes place in the auditorium of St. Joseph's Villa
56 Governor's road, Dundas
Call 905-627-3541 ext 2109
or email s.i.mgym@sjv.on.ca
to reserve your spot**



‘CARING AHEAD’ Study

Are you providing care to a family member/friend with dementia living in long-term care?

Research Participants Needed

Please help by completing a 15-minute paper questionnaire by postal mail about:

- Support and information needs when caring for someone with dementia
- Preparing for end-of-life, *even if it is far away*

Please contact Pam Durepos to receive a questionnaire or for more information: 905-484-3546 or Toll Free 1-833- 998-1280
caringahead@gmail.com www.caringahead.com

Study conducted by Pam Durepos, PhD (Candidate)
Supervised by Dr. Kaasalainen, McMaster University, School of Nursing
Study Occurring: September – April 2020

This study has been reviewed by and received ethics clearance through Hamilton Integrated Research Ethics Board Committee HiREB#4503. If you have any questions about participant rights please call 905.521.2100 x 42013



**HONOUR A VILLA STAFF
MEMBER OR VOLUNTEER!**

Do you know a staff member or volunteer whose support and commitment gives your family peace of mind?



Do something special to recognize their kind words, sense of humour, knowledge! Tell them how much they mean to YOU.

Consider making a gift to St. Joseph's Villa Foundation!

With your permission, we'll let them know that they've inspired YOU!



Make a gift that will help staff, volunteers and our entire care team keep on giving!

VISIT US!

SJVFOUNDATION.CA

Include your message of thanks!



**ST. JOSEPH'S VILLA
FOUNDATION**



ST. JOSEPH'S VILLA
FOUNDATION

PRESENTS

**19TH ANNUAL
VILLA GALA**

inspire

FRIDAY, APRIL 24, 2020

LIUNA STATION

360 JAMES ST. N. HAMILTON
COCKTAILS 6PM / DINNER 7PM

TICKETS: \$250 EACH

presented by

LiUNA!

Feel the Power

**HONOURARY CHAIRS
JOSEPH & ENZA
MANCINELLI**

VP & REGIONAL MANAGER, CENTRAL
AND EASTERN CANADA - LABORERS'
INTERNATIONAL UNION OF NORTH AMERICA

ST. JOSEPH'S VILLA FOUNDATION - 56 GOVERNOR'S ROAD, DUNDAS, ON L9H 5G7

EVENT CONTACT: TERESA T.SILVESTRO@SJV.ON.CA 905-627-9011 X2327

www.sjvfoundation.ca