

August Villa Wide Programs



Every Tuesday

2:00pm Bingo (A)

Every Thursday

10:30am Knit & Chat (CnL)

2nd – 1:00pm Villa 140th Birthday Celebration

7th – 2:00pm Monthly Auction (Auditorium)

8th / 22nd / 28th - 6:15pm Campfire (A. Parking Lot)

13th / 27th – 6:00 Men's Club (CnL)

Special Note:

A – Auditorium

Please refer to home area calendars for more opportunities to get involved!

Residents' Bill of Rights cont'd

14. Communicate and visit in private

"Every resident has the right to communicate in confidence, receive visitors of his or her choice and consult in private with any person without interference."

In other words...

You have the right to meet and talk with people in private.

Because this is your home, you can invite your family, friends, or anyone else to visit you. You get to choose who visits you. Your family or substitute decision-maker might not want certain people to visit you and might even tell the home not to let them visit you. But neither they nor the home can stop anyone from visiting you if you wish to see them.

If you want to speak to someone alone, you have the right to do this. Tell the staff at the home if you do not have enough privacy in your room. They should make arrangements if you give them notice.

You have the right to keep your mail private, whether you are sending or receiving it. No one is allowed to open your mail or read it unless you want them to.

15. Visitors during critical illness

"Every resident who is dying or who is very ill has the right to have family and friends present 24 hours per day."

In other words...

You have the right to have your family and friends with you when your health is critical.

If you want them there, they can be with you day and night and can stay as long as they want.

16. Designated contact person

"Every resident has the right to designate a person to receive information concerning any transfer or any hospitalization of the resident and to have that person receive that information immediately."

In other words...

You have the right to choose a person your long-term care home must call right away if you ever go to a hospital or move to another home.

17. Raising concerns

"Every resident has the right to raise concerns or recommend changes in policies and services on behalf of himself or herself or others to the following persons and organizations without interference and without fear of coercion, discrimination or reprisal, whether directed at the resident or anyone else,

- a. the Residents' Council,
- b. the Family Council,
- c. the licensee [the management of the home],
- d. staff members,
- e. government officials,
- f. any other person inside or outside the long-term care home."

In other words...

You have the right to speak freely. No one is allowed to punish you for speaking out or making a complaint.

You can talk about things that concern you and suggest changes to your home's rules and services. You can do this for yourself or for others.

There are many people who make decisions that affect you. You may want to give them suggestions or tell them your concerns. Some of these people are members of the Residents' Council or Family Council, staff at your long-term care home, and government officials.

Starting with the section called What can I do if my rights are violated?, you will find information about how to make a complaint and where to get help.

Family members want to give loved ones the best, most compassionate care possible. Please consider joining the Family Council to advocate for

changes and recommendations that will help better serve you and your family. Members meet monthly to support each other and discuss topics that are important to St. Joseph's Villa residents' quality of life. If you are interested in attending the

next meeting is **August 19, 1-3 p.m. in the Villa Boardroom, Ground Floor.** If you have any questions, you can contact the

Chair, Eda Cipolla at edacipolla@gmail.com.



To: All Staff, Residents, Families and Visitors

From: Cassaday Café Staff

RE: Price Adjustment

Effective August 3rd there will be an adjustment in the pricing and menu offering at Cassaday Café. The increase is due to food costs increasing which we can no longer absorb. Please review the new prices in the cafeteria and we thank you for your patronage.

Environmental Services

We are excited to announce that the Housekeeping and Linen department has had a name change. To encompass all that we do our new title is Environmental Services and the staff are referred to as Environmental Aides. We thank you for your continued support of our team!!!!



Satisfaction Survey Project Update

Below are response rate statistics **as of July 25** for the annual SJHS long term care (LTC) satisfaction survey project. We are still receiving (return) family satisfaction surveys in the mail, so the family satisfaction response rates will change slightly. All resident satisfaction interviews are now complete. A sincere thanks to all residents and family members who completed the annual satisfaction survey. Your feedback is very valuable to us and is used to make improvements to the quality of care and service delivery within each SJHS LTC home. Stay tuned for more detailed reports on outcomes – these will be posted in each home, as well as reports on improvement initiatives put in place as a result of your feedback!

Satisfaction Survey Project Update:

Dundas: 390

Brantford: 205

Guelph: 240

Resident Satisfaction			
Home	# of Res. Who Qualified	Res. Interviews Completed	Response Rate
Dundas	221	110	50%
Brantford	146	61	42%
Guelph	166	73	44%

Family Satisfaction			
Home	# of surveys mailed out	# completed (paper and S.M.)	Response rate
Dundas	358	154	43%
Brantford	214	121	57%
Guelph	218	112	51%

Thank—you! **Jaimie Williams**, Director of Quality, Performance & Food Services

JOIN US

*Villa Staff, Volunteers, Residents & Resident
Family Members!*

*Help us celebrate St. Joseph's Villa's 140th
Anniversary of caring for the community!*

**Be part of the Villa Float in the Cactus Festival
Parade or join us for a short shift at the
Villa booth during festival weekend!**

CACTUS FESTIVAL HOURS

**Thurs. Aug. 15 – 6 - 7:30pm
(Parade)**

Fri. Aug. 16 – 6 - 11pm

Sat. Aug. 17 – 11am - 11pm

Sun. Aug. 18 – 11am – 4pm

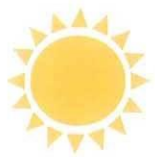


**To get involved, please contact:
SARENA S Paton@sjv.on.ca x2236**

Sun Safety

Many people aged 60 or older face a high risk for developing skin cancer. Taking measures to protect yourself and your family from the sun will help to prevent the long term consequences of too much sun, such as skin cancer, and also the short-term effects, such as sunburn.

5 WAYS TO STAY SAFE IN THE SUN



Avoid being outdoors for long periods of time between 10:00 am and 4:00 pm. The sun is the hottest during those hours.



Wear sun-safe clothing

- Wear a wide brimmed hat
- Wear long sleeves and long pants



Try to stay in the shade if you will need to be outside during intense sun times.



Use a sunscreen that has an SPF (Sun Protection Factor) rating of 30 or higher

- Use water-resistant sunscreen for extended or intense outdoor exposures (e.g. golfing, hiking)
- Reapply at least every two hours or immediately after swimming or heavy sweating



Protect your eyes: wear sunglasses with UVA and UVB protection

DID YOU KNOW? Some medications can make your skin more sensitive to the sun

- 1 Antibiotics:** e.g. doxycycline, ciprofloxacin, levofloxacin, sulfa drugs (sulfonamides, trimethoprim)
- 2 Antidepressants:** e.g. amitriptyline, nortriptyline, imipramine, doxepin, St John's wort
- 3 Antifungals:** e.g. terbinafine, itraconazole
- 4 Diuretics (water pills):** e.g. furosemide, hydrochlorothiazide
- 5 Hypoglycemics (blood sugar medication):** e.g. chlorpropamide, glimepiride, glipizide, glyburide, tolbutamide
- 6 Statins (Cholesterol medications):** Atorvastatin, lovastatin, pravastatin, simvastatin
- 7 Others:** Amiodarone, diltiazem, quinidine

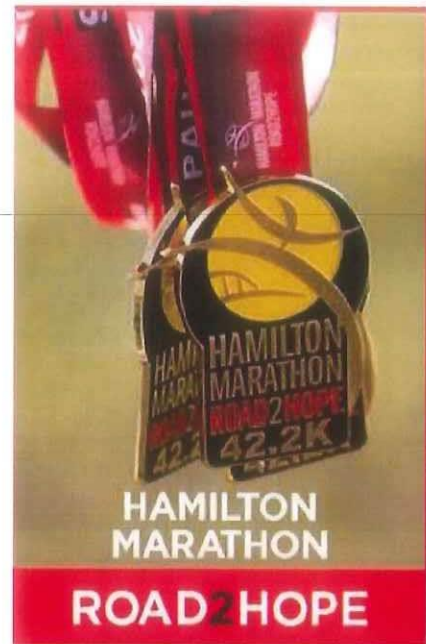
References:

1. <https://www.skincancer.org/healthy-lifestyle/anti-aging/seniors>
2. <https://dermatology.ca/public-patients/sun-protection/sun-safety-every-day/>

Hamilton Marathon ROAD2HOPE

NOVEMBER 2 & 3, 2019

**WALK or RUN IN SUPPORT OF RESIDENT CARE at
ST. JOSEPH'S VILLA**



FREE REGISTRATION

**FOR ST. JOSEPH'S VILLA
TEAM MEMBERS**

FUNDRAISING GOALS APPLY

**Start & Finish at
CONFEDERATION PARK**

**585 Van Wagners Beach Rd
Stoney Creek, ON**

SAT. NOV. 2 - 1KM (Kids & Seniors) 5KM, 10KM

SUN. NOV. 3 - Half or Full Marathon



**ST. JOSEPH'S VILLA
FOUNDATION**

TO FIND OUT MORE OR REGISTER TODAY, CONTACT:

Sarena S_Paton@sjv.on.ca 905-627-9011 x2236

SJVFOUNDATION.CA hamiltonmarathon.ca



The Healing Cycle™
FOUNDATION



SUNDAY SEPTEMBER 15, 2019

CYCLING TO SUPPORT HOSPICE PALLIATIVE CARE IN ONTARIO

RIDE FOR

MARGARET'S  PLACE
Hospice at St. Joseph's Villa



CYCLE

WALK/RUN

10km
25km
50km
100km

5km
10km

FREE REGISTRATION

FOR MARGARET'S PLACE HOSPICE
TEAM MEMBERS

FUNDRAISING GOALS APPLY

Start & Finish at
ROCHE CANADA

7070 Mississauga Road,
Mississauga, ON

MAKING MOMENTS MATTER



ST. JOSEPH'S VILLA
FOUNDATION

TO FIND OUT MORE OR REGISTER TODAY, CONTACT:

Sarena S_Paton@sjv.on.ca 905-627-9011 x2236

SJVFOUNDATION.CA thehealingcycle.ca