

JULY 2019 Villa Wide Programs



Every Tuesday

2:00pm Bingo (A)

Every Thursday

10:30am Knit & Chat (CnL)

3rd – 6:15pm Campfire (A. Parking Lot)

4th – Pottery Painting Class (A. Lounge)

11th – 2:00pm Karaoke Sing A Long (A)

31st – 6:15pm Campfire (A. Parking Lot)

Special Note:

A – Auditorium

Please refer to home area calendars for more opportunities to get involved!



**ST. JOSEPH'S VILLA
FOUNDATION**

Enriching Lives. Enhancing Care.

June 25, 2019

ANNOUNCEMENT

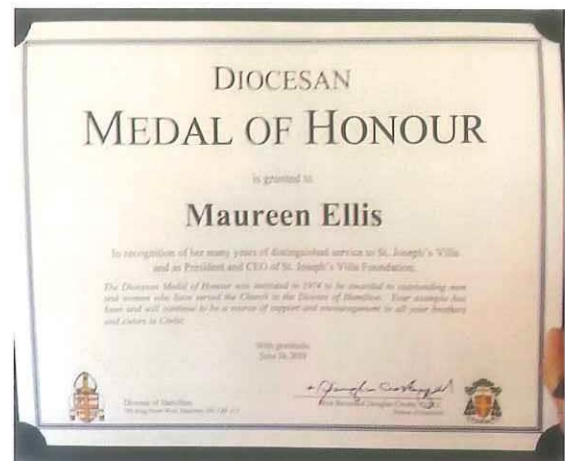
I am pleased to share with you that following the Annual General Meeting of the St. Joseph's Villa Foundation Board of Directors on June 24, 2019, President and CEO Maureen Ellis was presented with the Diocesan Medal of Honour.

Monsignor Murray Kroetsch, on behalf of His Excellency Bishop Douglas Crosby, recognized Maureen for her outstanding contributions and her many years of distinguished service to St. Joseph's Villa. This award is the highest commendation granted by the Diocese of Hamilton.

Please join me in congratulating Maureen and thanking her for thirty-seven years of relentless passion and commitment to St. Joseph's Villa residents and families. We are indebted to Maureen for helping to ensure the most vulnerable among us have the care, compassion, dignity and comfort they need, today and in the future.

Sincerely,

David P. Curto
Board Chair, St. Joseph's Villa Foundation



St. Mary Specialist High Skills Major Grad Award Recipients

These students not only embody the school motto "Live, Love, Learn", but carry out the mission service of the Sisters of St Joseph in their communities.

Photos taken by Nancy Castura, Specialist High Skills Major Counsellor

Photos are:

Olivia Bakker – Health Care Award

Rebecca Harrington – Non-Profit and Community Development

Chelsa Kurian – Health and Wellness

Katelyn Scime – Business

Maureen Ellis and Olivia Valeri – Rays of Light Volunteer Service Award



Residents' Bill of Rights cont'd

12. Independence

"Every resident has the right to receive care and assistance towards independence based on a restorative care philosophy to maximize independence to the greatest extent possible."

In other words...

You have the right to get help to become as independent as you can. For example, you have the right to get help to improve your ability to walk or go to the bathroom on your own.

You have the right to participate in programs at your long-term care home that can help you keep or improve your independence. For example, you might be able to do exercises, play games, make crafts, and take part in other activities that are available.

You have this right even if you have cognitive or other disabilities, or you are unable to leave your room.

13. Restraint

"Every resident has the right not to be restrained, except in the limited circumstances provided for under this Act and subject to the requirements provided for under this Act."

In other words...

You have the right to be free of restraints, except in the few situations where the law allows restraints to be used.

A restraint is anything that limits your movement and prevents you from doing something you might want to do. Some examples of restraints are:

- medication or drugs,
- wheelchairs with lap belts,
- mittens, to keep you from scratching yourself,
- bed rails, to keep you from falling out of bed, and
- locked doors.

But there are some types of restraints that homes are never allowed to use. Examples of banned devices are:

- roller bars on wheelchairs, commodes, and toilets,
- restraints that can be released only with a separate device such as a key or magnet, and
- sheets, wraps, or other items used to wrap you to prevent you from moving.

If you are mentally capable, no one can restrain you, put you in a locked unit, or prevent you from leaving if you do not agree. You may want a friend, family member, or advocate to help you decide whether you should allow restraints to be used on you. If you are not mentally capable, your substitute decision-maker must decide for you.

Sometimes, you may need a restraint for your own safety.

Restraints should not hurt you or make you uncomfortable. If you are put in restraints, your healthcare providers must check on you frequently. And you must be assessed at regular intervals by:

- a doctor,
- a registered nurse, or
- a registered nurse in the extended class, who is sometimes called a nurse practitioner.

Your doctor must tell you about any plans to use a restraint on you and explain how it would be done. You must be told what will happen if you agree to the restraint and what will happen if you do not.

The only time you can be restrained without consent is during an emergency, if there is no other way to prevent serious bodily harm to you or someone else. Medication or drugs can be used as a restraint only during an emergency situation.



Family members want to give loved ones the best, most compassionate care possible. Please consider joining the Family Council to advocate for changes and recommendations that will help better serve you and your family. Members meet monthly to support each other and discuss topics that are important to St. Joseph's Villa residents' quality of life. If you are interested in attending the next meeting is **August 19, 1-3 p.m. in the Villa Boardroom, Ground Floor.** If you have any questions, you can contact the Chair, Eda Cipolla at edacipolla@gmail.com.

JOIN US

*Villa Staff, Volunteers, Residents & Resident
Family Members!*

*Help us celebrate St. Joseph's Villa's 140th
Anniversary of caring for the community!*

**Be part of the Villa Float in the Cactus Festival
Parade or join us for a short shift at the
Villa booth during festival weekend!**

CACTUS FESTIVAL HOURS

**Thurs. Aug. 15 – 6 - 7:30pm
(Parade)**

Fri. Aug. 16 – 6 - 11pm

Sat. Aug. 17 – 11am - 11pm

Sun. Aug. 18 – 11am – 4pm



**To get involved, please contact:
SARENA S Paton@sjv.on.ca x2236**

140th Anniversary

1879-2019

All Residents, Families, Staff and
Volunteers are invited to celebrate
140 years of caring at our

St. Joseph's Villa Anniversary Picnic

Friday, August 2nd, 2019

1 p.m. to 4 p.m

In the McArthur Wing
Parking Lot

Free BBQ, Games, Entertainment,
Petting Zoo and much more





Date: June 27, 2019
To: All Residents, Families and Staff
RE: Funding Changes
From: St. Joseph's Villa Executive Team

We recently received our funding for 2019 from the Ministry of Health, which is partially calculated on our Case Mix Index (CMI). This number is based on the care needs of our residents in the home. The good news is that our CMI did increase, however the unfortunate news is that the Ministry completes a 're-indexing' of all Long Term Care homes, and this process caused a decrease in our funded CMI.

What this means, is that our overall funding has slightly decreased. *Our goal is that this decrease has no impact on our front line staff and resident care.* We have made the decision at this time to remove one non-union part time position, and focus on general cost reductions in other areas. The part-time Nurse Educator role will be removed effective July 10, 2019. We continue to have the full time Nurse Educator role.

Thank you for your understanding of these changes. Please contact Mieke Ewen at extension 2223 if you have any questions.



Date: June 27, 2019

To: All Residents, Families, Staff & CCU Patients

RE: Front Entrance Work

From: Mieke Ewen, Administrator

There will be a construction and engineering crew working on the Main Entrance area in the near future. There are some significant leaking issues in the entrance area that negatively impact the Adult Day Program and areas in the Villa basement. This is also visible in the uneven paver stones at the front entrance.

When this construction occurs, the entrance will be closed. Staff, Residents, Families, Visitors, etc. will be required to use the Juravinski Wing (North) entrance to access Reception and the West Wing. Smokers will be unable to use this area during this time. They will have to access the Juravinski Wing (North) entrance to go outside. There has been a delay in the construction planning as the Villa is awaiting the Building Permit from the City.

We will inform you as soon as possible before the project begins. If you have any questions, please do not hesitate to contact me at 905-627-9011 ext. 2223.

Thanks for your understanding and cooperation through this time.



ST. JOSEPH'S VILLA
FOUNDATION

JOIN TEAM VILLA



The Healing Cycle
FOUNDATION



Sunday, September 15, 2019



Cycling for Hospice Palliative Care in Ontario

**Ride & Fundraise to support
Margaret's Place Hospice at St. Joseph's Villa**

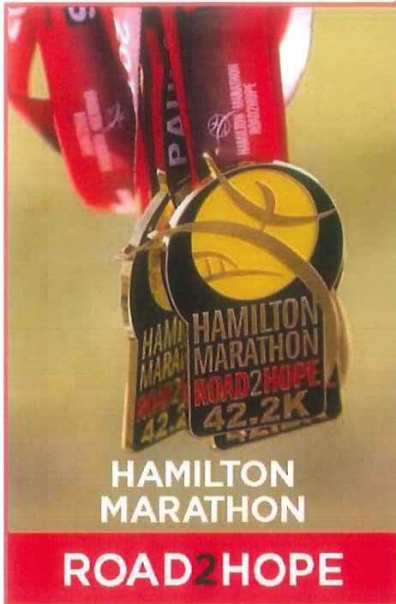
FREE REGISTRATION

CYCLE - 10/25/50/100km

WALK or RUN - 5/10km

Start & Finish at Roche Canada, 7070 Mississauga Rd., Mississauga

Making Moments Matter



**WALK OR RUN & FUNDRAISE IN
SUPPORT OF RESIDENT CARE AT
ST. JOSEPH'S VILLA**

NOVEMBER 2 & 3, 2019

FREE REGISTRATION

1km (Kids or Villa Residents)

5/10km

Half/Full Marathon

Start & Finish at Confederation Park, Hamilton, ON

PLEASE CONTACT - SARENA S Paton@sjv.on.ca 905-627-9011 x2236
sjvfoundation.ca



Neil McArthur
MEMORIAL
GOLF TOURNAMENT
ST. JOSEPH'S VILLA FOUNDATION



ST. JOSEPH'S VILLA
FOUNDATION

JOIN US!

*Help us celebrate
St. Joseph's Villa's 140th
Anniversary of Caring for the
community*

Tuesday, October 1, 2019

Dundas Valley Golf & Curling Club

*Greens Fees, Golf Cart, Lunch, Dinner,
Registration Gift, Door Prizes & Contest
Holes included!*

Proceeds support Resident Care at
St. Joseph's Villa

**To sponsor or register your foursome, contact
Sarena S_Paton@sjv.on.ca 905-627-9011 x2236.**