

# A.C.T.I.V.E at the Villa



## Spring 2019



### NEW SNOW DAY CLOSURE POLICY

We have had some conversations with our clients, families and staff regarding our current practices on how a snow day is determined. We have, for many years, based our closures on DARTS transportation. When they decide to close, that dictated an immediate closure for us. However, DARTS transportation has changed their protocol and remain open no matter the weather conditions. Therefore, after consideration of this matter, we have decided to change our policy as of March 1st, 2019. As of this day and moving forward, **we will close when McMaster University closes due to inclement weather.**

Please stay tuned to your local radio for closure updates. If you hear that McMaster University is closed then this will dictate that we are closed as well. In these circumstances, we will call DARTS to notify them of our closure and there will be no need for families to call Darts directly to cancel.

If you have any questions about this change, please feel free to contact any one of us. Snow days where we cancel the program, no dues will be charged.

### ANNUAL CLOSURE DATES

We would like to take this time to list some very important closure dates for 2019. We continue to be closed for all statutory holidays except for Remembrance Day. In addition to these, please mark down the following closures in your calendars:

**ANNUAL SUMMER SHUTDOWN**—we will be closed for two weeks starting on July 22nd and returning back after the Civic Holiday on Tuesday, August 6th.

**CHRISTMAS CLOSURE**—we will be closed as of December 23rd and returning on Thursday, January 2nd 2020.

### IF YOU ARE UNWELL, WHAT DO YOU DO?

We kindly ask that you refrain from coming into the day program if you are unwell. This is a community program and we would like to keep everyone as healthy as possible. When you or your loved one will be absent for the day, please call us to let us know. As the flu season continues along with other illnesses, please wash your hands frequently and we will continue to encourage everyone to do so here as well.

### WE WOULD LOVE TO HEAR FROM YOU!

If you have any questions, suggestions and/or feedback, please contact your therapeutic recreationist or Deborah Fernandes, Manager of Community Services, Volunteers and Therapeutic Recreation at 905-627-3541 x2240.

***“SPRING: A lovely reminder of how beautiful change can be.”***

**Spring is here! We have another exciting year ahead of us, filled with entertainment, new programs, activities, and special events!**

**Reminder: The Adult Day Program will be closed April 19th and April 22nd for Easter.**



### **Spring Entertainment**

#### **March**

Craig Manning (6), Jamie Todd (15), Elvis (19),  
Thursday Afternoon Singers (28)

#### **April**

Wyatt Ladd (18), Animals are here for Earth  
Day! (23), Pat Murray (29)

#### **May**

Joan Ballentyne (13), Michael Kelly (30)

#### **June**

Senior's Month- More details to come

**Recreation therapy helps improve the lives of our clients through leisure. With the daily activities at the Adult Day Program, clients improve physical and cognitive abilities, improve coping and adaptation skills, foster greater involvement in the community and encourage a greater sense of accomplishment.**

**-Recreation Therapy, TRO pamphlet**

#### **TR TEAM MEMBERS**

**MEGHAN -GROUP A x2397**

**Melissa—GROUP B x2219**

**Stephanie—GROUP C x2234**

**Kathleen—SPECIAL NEEDS x2221**

**This spring we are looking forward to Artfully Aging classes, snoezelen room visits, pet therapy with Chester & horticulture therapy.**