



March 2019



March 2019 - Villa Wide

Programs



<u>Every Tuesday</u> – 2:00pm Bingo (A) <u>Every Thursday</u> – 10:30am Knit & Chat (CnL)

March 6th – 2:00pm Monthly Auction (A)

March 7th & 21st – 2:15pm Pottery (A)

March 12th & 26th – 6:00pm Men's Club (CnL)

March 14th – 1-4pm Model Train Drop IN (CnL)

March 15th – 2:15pm St. Patrick's Day Party (A)

March 23rd – 2:30pm Hymn Sing (Chapel)

A - Auditorium

CnL – Conservatory Lounge

Please refer to home area calendars for more opportunities to get involved!

New Signs

There is new signage at the entrances – "For Safety Reasons These Doors are Locked at 11:00 p.m. Open at 6:00 a.m. For After Hours Access buzzers at North and South Entrances."

Committees and Teams

St. Joseph's Villa is currently recruiting residents and family advisor members to the following teams and committees:

- 1) Resident & Family Seekers
- 2) Hand Hygiene Team
- 3) Emergency Preparedness Committee
- 4) Continuous Quality Improvement & Risk Management Committee
- 5) Therapeutic Recreation Committee, and
- 6) Dining Committee

In addition, added assistance may be needed from time to time to participate in Walk-Abouts, special projects and focus groups. These areas would require less of a time commitment than participation on committee's and teams, but input from residents and family members is just as valuable.

If any resident or family member is interested in more information about what participating as an advisor in the above named committee's/teams entails, or other areas mentioned, you can pick up a "St. Joseph's Villa Resident & Family Resource Application" form at the main reception desk. You may also contact Jaimie Williams, Director of Quality and Performance Systems at 905-627-9011 x2224, or email j williams@sjv.on.ca.

Thank-you!

Jaimie Williams

Brought to you by the S.I.M GYM

Bring your Lunch and Learn

Talk takes
place in the auditorium of
St.Joseph's Villa from 11:301pm

56 Governor's road, Dundas Call
905-627-3541
ext 2109
or email
s.i.mgym@
sjv.on.ca
to reserve
your spot
55 and older
please





Join Lisa Tabrizi, ND as she talks about Nourishing your Mood.
Lisa will discuss nutrition and lifestyle ideas to help with people who may have low energy and or mood.

Residents' Bill of Rights

Ever long term are home must follow a law called the Residents Bill of Rights. The purpose of the 27 Bill of Rights is to make sure that long term care homes are truly homes for the people who live in them.

Resident Bill or Rights #1

"Every resident has the right to be treated with courtesy and respect and in a way that fully recognizes the resident's individuality and respects the resident's dignity."

In other words...

You have the right to be treated with respect. The staff at your long-term care home must be polite to you. They must recognize your dignity and rights as a person.

For example, you can choose what you want to be called. If you would rather be called "Miss Lee" instead of "Angela", tell the staff. They must respect your wishes.

We're Going Green

This is notification that we will be going green. We will be going to paper products starting with nursing med pass - we will be supplying paper cups and paper straws. Our plan is to go all green if we can get products that are



compostable. This will be done as we deplete our inventory of other products. At the same time we will be introducing greener products into the Cassaday Café.

Medical Services → Did vou know?



X-Ray and Ultrasound Services.

Did you know that we have an external company (STL Imaging) that provides in house mobile x-rays and ultrasounds to our residents? STL is on site Monday to Friday, and is able to do the imaging right in the residents own room! Imaging is completed by physician order and faxed requisition form. All results are faxed to the Villa within 1-2 days.



ECG/EKG Services

Did you know that ECG/EKG services can also be done on site? This test is also completed by an external provider (Life Labs), based on physician order and requisition form; and completed right in the residents own room!

Laboratory Services

Did you know that we have an external phlebotomist that is on site every Monday and Wednesday morning? The technician is dispatched from Life Labs and collects blood work for any residents who may require testing. Life Labs is also responsible for specimen pickup such as swabs, urine and stool



specimens daily Monday to Friday (no pick up on weekends). All results are faxed back to the Villa the next day. Staff also have the ability to contact Life Labs directly if results are needed earlier.

All of these medical services are regularly used by many of our residents and a great way to avoid unnecessary transfers to the Emergency Room! Please connect with one of the members of our Nursing Team if you require any further information.

Thank you. Marlena Jakob Director of Care



A community of care. A network of hope.

DOUBLE YOUR IMPACT

\$1 + \$1 = \$2