



May 2018

Welcome to our first online newsletter! We hope to provide a monthly communication for you about pool news, registration up dates, and general information about the pool, and its patrons.

Summer Swimming Lessons start the week of June 26th and run until August 28th.

Parents with children ages 3 months to 36 months can register for classes on Thursdays at 10:00am, or Saturdays at 9:15am. Classes are 30 minutes for 10 weeks, cost \$80.00. Come early on the first day to register.

Learn to Swim Synchro! Tuesdays a 4:30pm, ages 6-12. Classes are 45 minutes for 10 weeks, cost \$105.00, registration on the first day of class.

Drop-In Family Swims will be Tuesdays 10:00-10:45am, and Thursdays 11:30-12:15pm. Starting June 12-August 30th, cost \$3.00 per person.

Need more Family Swim time? Please let us know via the list on the counter in the change rooms, what time works best for your family!

Pool pricing: \$6.00 for each 45-minute class, \$4.00 for 30-minute classes. Swim cards available, 10 swims for \$60.00. Full swim cards are entered in a monthly draw to

win 3 free swims! Monthly membership is available for \$72.00. Monthly membership benefits those looking to extend their swim time, by attending multiple classes in a day, and in the week. Private lessons are available, please see pool staff, or call us at 905-627-3541 x2911 for more information.

*Our May monthly swim card draw winner is Pat Smuk! Pat wins three free classes!

Social Media 

The Villa Pool has a Facebook page! Please like and follow us at

[St Joseph's Villa Pool](#)

Each month we will highlight stories from our patrons at the pool, if you have a story to share, please send it to villapool@sjv.on.ca

Spotlight: *(as told by Chris Marshall)*

In late April we first met Susanne with her nervous and reluctant mother, Lies. Lies did not want to try the water, but one of her doctors had told her to get in the warm water because if she didn't get moving, she would not be able to move. Susanne's determination provided the impetus to get her Mom to the water's edge, down the stairs and into the warm pool.

Lies felt a bit shaky, but with lots of help and support she did some water-aided movement and walking.

We thought that maybe she liked it. She came again with a bit more confidence.

On only her third time, Lies got to the edge of the pool with so much eagerness that we could scarcely recognize her as the same person. She insisted on coming in spite of some scheduling difficulties at home that day. Water exercise had become an integral part of her routine. It was already making a difference.

As Lies told us, "I'm 86 and not giving up yet!"