



**S.I.M GYM**

## March/April 2016

Easter Fun!

Earn different stickers each week!

March 1-4th—wear your bunny ears every workout

March 7-11—wear your Easter Color T-shirt -pink, purple, blue, green or yellow

March 21-24th- bring a wrapped Easter treat to give to a friend!

Each week a different person will win a t-shirt!

S.I.M GYM will be closed March 25th and 28th for the Easter weekend.



---

## Fun facts about St.Patricks Day!

### IT USED TO BE A DRY HOLIDAY

For most of the 20th century, Saint Patrick's Day was considered a strictly religious holiday in Ireland, which meant that the nation's pubs were closed for business on March 17. In 1970, the day was converted to a national holiday, and the stout resumed flowing.

### THE WORLD RUNS UP QUITE A BAR TAB

All of the Saint Patrick's Day revelry around the globe is great news for brewers. A 2012 estimate pegged the total amount spent on beer for Saint Patrick's Day celebrations at \$245 million. And that's before tips to pubs' bartenders.



First day of spring is March 20th



Hot Summer Deal Pre pay for June, July and August for only \$90!

Gardening will make your lawn look fabulous but keeping up with your workout will make you **feel** fabulous! Do both this summer with this great deal!

### **Brain Teaser**

If you look, you can't see me.  
If you see me, you cannot see anything else.  
Sometimes I speak the truth.  
And sometimes I lie.  
What am I?



A lot of you have been concerned about the well-being of Brenda. Right now she is waiting to have hip replacement surgery. When we hear any news we will be sure to pass it on!

Daylight savings time is March 13th turn your clocks forward!



Brain teaser answer: A dream