

Learn some
exercises to help
your
golf swing!



**Fore the love
of golf!**

Want to join this class? You must reserve a spot!

Call or email us! S..I.M GYM

905-627-3541 ext 2109

Email us: s.i.m.gym@sjv.on.ca

This class is free for members!

Non-members \$20 (pre paid) for five weeks!

Five week program
Wednesday April 2nd
until
Wednesday April
30th, 2014 at
10:30am