

September 2015

# GET ACTIVE AT THE VILLA

St. Joseph's  
Villa Dundas

What an amazing year it has been so far! We would like to take this opportunity to thank all of you who participated in our Annual Picnic at the Dundas Driving Park. What a wonderful day it was and we could not have asked for better weather than what we had.

As the fall quickly approaches and the weather quickly changes to cooler air, our wardrobe necessarily adapts to the changes as we all wear jackets and other personal accessories. This is a friendly reminder to kindly label all personal items before coming to the program. We get many jackets at the program and this would simplify the end of day distribution with ease and quick access. We will be keeping a marker handy at the door, if we notice something that is not labelled we will go ahead and label for your loved one. However pre-labelling is always better as it is to your liking.

As we continue to strive to provide the best, innovative and creative programming for our clients that we serve, we encourage and invite you to provide feedback and suggestions for any of our programs. On the anniversary date (of when you first started), a satisfaction survey is sent out inviting you to communicate any feedback that you may have. The returned surveys are used as a guide when we change/update our programs according to your feedback. We also invite you to kindly send an updated medication list at your anniversary date of when you started or throughout the year if there has been a medication change. We are happy to provide medication reminders when needed, however, we are not able to administer any type of medication at our location.

Once again we thank you and your families for the continued support of our program and we appreciate all your help advertising us in the community. We want to help as many community members as we possibly can with the resources that we have.

Wishing you all the best in this fall season.

Deborah  
Supervisor of the Adult Day Program/Volunteers

ST. JOSEPH'S VILLA ADULT DAY PROGRAM

# Fall 2015

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FALL, FAMILY, FRIENDS, SMILES,  
LAUGHS & HUGS ARE SOME OF THE  
BEST THINGS IN LIFE AND THEY ARE  
ALL FREE.

**“Come said the wind to the leaves one day,  
Come o’re the meadows and we will play.  
Put on your dresses scarlet and gold,  
For summer is gone and the days grow cold.”**

-A children’s song of the 1180’s

Hello Everyone, and welcome to the **“Back to School Month”** of **September**. Throughout your neighborhood’s this week, the school bells will be ringing ...calling the children happily in , and before we know it, the cooler weather will be calling us in too!

We have some fabulous programs , special events and entertainment coming your way! This year , Labor Day falls on **Monday September 7<sup>th</sup>**,(so **we will, of course, be closed**) and we will be returning on Tuesday September the 8<sup>th</sup>. As for the remainder of the month...we have Wyatt Ladd strumming the guitar for us on the 11<sup>th</sup> and we will also be honoring all of you “lucky- ducks” that are grandparents , great grandparents and great – great grandparents with our **Grand Parents Day Party** on Monday September 14<sup>th</sup>.... with Pat Murray. We have Maggie Vida coming to sing for us on the 22nd of September and let’s not forget our friendly furry visits from Kugle.... that fall on Wednesdays for the remainder of the year, at 1pm. Keep an eye on your calendars for card-making programs with Susan Cloete , and pottery with our fun loving potter, Keith Hamilton. oohh.. and let’s not forget our morning yoga programs!!!

For the month of **October** , Aiden Purnel starts us off with his guitar playing, toe-tapping great style ...he is sure to put on a great show!!! This years’ **Annual Oktoberfest Party** will fall on **Wednesday October 7<sup>th</sup>** in the auditorium with Gerry Cutting kicking up his heels in Oktoberfest style! (everyone is welcome to come out and join in on the festivities!!!! )The Afternoon program will be cancelled that day as all of us will be here from 9:45am -2:45pm).**Thanksgiving** falls on **Monday October the 12<sup>th</sup>** ....so we **will be closed** (eating turkey & stuffing and all the other sweets that Thanksgiving brings! ) We have **The Dundas Valley Garden Group** gracing us with their flower arrangement program on **Wednesday the 21<sup>st</sup>** and it promises to be a lot of fun. This group of wonderfully talented , and generous women come out to visit once a year and we just love having them spend the afternoon with us, along with their White Elephant sale....! We will be finishing the month off with our spooky **Halloween Party** on the 31<sup>st</sup>. Elvis will be with us swinging those hips and monster-mashing....so dress up in your Halloween costumes and come ready to enjoy the afternoon!

**November**, already?? We are going to be having Gary Smith singing for us on November 5<sup>th</sup> and for **Remembrance Day program.....** Maggie Vida will be with us on the on the 11<sup>th</sup>. Wyatt Ladd will be here on the 16<sup>th</sup> ....followed by Cameron on the 20<sup>th</sup>. And let’s not forget the great array of fun-filled programs in between before we start thinking of that Jolly fat fella in his red suit!

Please note, **Advisory Committee meeting will be held on Wednesday November. 4<sup>th</sup>** from 1:30-3pm in the Family Dining Room.

**December** promises tons of activities and programs to celebrate the season .We will be making Christmas cards, having sing a longs , parties and much , much more. Cameron will get the holiday season started on Tuesday Dec. 2<sup>nd</sup> (here it comes!) and watch for our Annual Christmas Party sign- up sheet! We have tentatively booked **Friday December 4<sup>th</sup>** for our **Annual Christmas Party** . We will be returning to Michelangelos’ at 1555 Upper Ottawa Street in Hamilton, as last years’ venue was fabulous!!! . As soon as we have all of the information finalized...letters will go out to all of you with all of the festive details. Peter Shaw will be in on December 10<sup>th</sup> with his “billy-bong” and his brother “Reg” who happens to have a third leg!!! Don Dunham will be here with his magical feet on the 15<sup>th</sup> and Susan Cloete will be in on a few different days making Christmas cards with you...so get your Christmas card lists along with your mailing addresses ready!!! And lastly, Michael Kelly will be with us on December 23<sup>rd</sup> putting on his Christmas program,

**Wednesday December 23<sup>rd</sup> is our last day before our holiday shutdown and we will be returning on Monday January 4<sup>th</sup>.**

So, on behalf of the fun-loving staff here at the Day Program...we want to wish you a fabulous Fall season and wonderful Winter one, to boot!! It is just toooooo early to be wishing you a “Happy Hanukkah” and “Merry Christmas!” But before we know it, that white fluffy stuff will be tickling our noses!!! Ahh!

See you soon, Megh. xo