

Sunday

Monday

Tuesday

Wednesday

Thursday










Friday

Saturday


February 2018

Programs & Services for Birch Trail



<p>4 10:00 Mass</p> 	<p>5 10:15 Fall Prevention Exercises 11:00 Puzzle Play 1:30 Guitar Circle with Aidan No Monday Manicure's</p>	<p>6 9:30 Mass 11:00 Montessori Activities 2:00 Bingo (A) 3:00 Colouring Club</p> 	<p>7 9:30 Mass 10:15 Fall Prevention Exercises 3:00 Valentine's Craft</p>	<p>8 9:30 Mass 10:30 Knit & Chat (CnL) 10:30 Tuck Shop Visits 3:00 Stamp Art</p> 	<p>9 Mardi Gras Begins 9:30 Mass 10:15 Fall Prevention Exercises 10:30 Anglican Service</p> 	<p>10 9:30 Mass 10:30 Anglican Service 11:00 Sing-a-long 3:00 Mini Manicure's</p>
<p>11 10:00 Mass 11:00 Folding Group 3:00 Colouring Club</p> 	<p>12 10:15 Fall Prevention Exercises 11:00 Puzzle Play 1:30 Piano Gather with Levon 6:00 Monday Manicures (CnL)</p>	<p>13 Pancake Tuesday 9:30 Mass *2:00 Chocolate Kisses Bingo (A)* 6:30 Men's Club (CnL)</p>	<p>14 Happy Valentine's Day 9:30 Mass 10:15 Fall Prevention Exercises *2:00 Resident's Council (A)* 3:30 Valentine's Day Tea 6:30 Sensory Session</p> 	<p>15 9:30 Mass 10:30 Knit & Chat (CnL) 10:30 Tuck Shop Visits 1:45 Bean Bag Toss *2:00 Monthly Auction (A)*</p>	<p>16 Chinese New Year 9:30 Mass 10:15 Fall Prevention Exercises 10:30 Presbyterian Service 11:00 Ball Toss *2:30 Celebrating TR Week (CnL)*</p> 	<p>17 9:30 Mass</p>
<p>18 10:00 Mass</p> 	<p>19 Family Day Holiday 11:00 Montessori Activities 3:00 Balloon Bounce No Monday Manicure's</p>	<p>20 9:30 Mass 10:30 Piano Gather with Marg 12:00 Diner's Club (A) 2:00 Bingo (A) 3:00 Colouring Club</p>	<p>21 9:30 Mass 10:15 Fall Prevention Exercises 1:30 Live Music with Paula 6:30 Mini Manicure's</p> 	<p>22 9:30 Mass 10:30 Knit & Chat (CnL) 10:30 Tuck Shop Visits 2:15 Pottery Group (A)</p>	<p>23 9:30 Mass 10:15 Fall Prevention Exercises 10:30 Baptist Service *2:00 Monthly Auction (A)*</p>	<p>24 9:30 Mass 11:00 Ball Toss 3:00 Hot Chocolate & Marshmallows Social</p>

**Therapeutic Recreation Awareness Week
2018 Theme: Transforming Lives Together**

<p>25 10:00 Mass 11:00 Sing-a-long</p>	<p>26 10:15 Fall Prevention Exercises 11:00 Colouring Club 3:00 Montessori Activities 6:00 Monday Manicures (CnL)</p>	<p>27 9:30 Mass 10:30 Piano Gather with Marg 2:00 Bingo (A) 6:30 Men's Club (CnL)</p>	<p>28 9:30 Mass 10:15 Fall Prevention Exercises 3:00 Target Toss *6:15 Board Games Night with MAC Students (CnL)*</p> 
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Calendar Legend: A = Auditorium, 1st Floor // Cafe = 1st Floor
CnL = Conservatory Lounge, 1st Floor // * = Independent Program
Please Note: Programs may be subject to change
Recreation Therapist: Amanda **Email: a_giles@sjv.on.ca**

Love

Always