

FALL 2017

A.C.T.I.V.E at the Villa

**“Autumn carries more gold in its pocket
than all the other seasons”
- Jim Bishop**

Spring forward – fall back – back to school, back to work and back to adventure! We hope that you had lots of opportunities to enjoy this wonderful yet wet summer with family and friends.

We are excited to enter a new season with you as BBQs are wrapped up and we get ready for all those dramatic colours and fall harvest.

The team has been busily planning exciting events and entertainment for our many members. If you know someone; friend, neighbour or relative that would be interested in joining our “ACTIVE at the Villa” Day Program please have them give us a call.

As the fall quickly approaches and the weather quickly changes to cooler air, our wardrobe necessarily adapts to the changes as we all wear jackets and other personal accessories. This is a friendly reminder to kindly label all personal items before coming to the program. We get many jackets at the program and this would simplify the end of day distribution with ease and quick access. We will be keeping a marker handy at the door, if we notice something that is not labelled we will go ahead and label for your loved one. However pre-labelling is always better as it is to your liking.

As we continue to strive to provide the best, innovative and creative programming for our clients that we serve, we encourage and invite you to provide feedback and suggestions for any of our programs. On the anniversary date (of when you first started), a satisfaction survey is sent out inviting you to communicate any feedback that you may have. The returned surveys are used as a guide when we change/update our programs according to your feedback. We also invite you to kindly send an updated medication list at your anniversary date of when you started or through-out the year if there has been a medication change. We are happy to provide medication reminders when needed, however, we are not able to administer any type of medication at our location.

Once again we thank you and your families for the continued support of our program and we appreciate all your help advertising us in the community. We want to help as many community members as we possibly can with the resources that we have.

Wishing you all the best in this fall season.

Deborah,

Supervisor of the Adult Day Program/Volunteers

“Come said the wind to the leaves one day, Come o’re the meadows and we will play.

Put on your dresses scarlet and gold, For summer is gone and the days grow cold.”

-A children’s song of the 1180’s

Hello Everyone, and welcome to the **“Back to School Month”** of **September**. Throughout your neighborhood’s this week, the school bells will be ringing ...calling the children happily in, and before we know it, the cooler weather will be calling us in too! We have some fabulous programs, special events and entertainment coming your way!

On Tuesday September 5th Wyatt Ladd will be strumming the guitar for us. We will also be honoring all of you “lucky-ducks” that are grandparents, great grandparents and great – great grandparents with our **Grand Parents Day Party** on Friday September 15th.... with Michael Kelly. We have Don Donhum coming to sing for us on the 21st, Art Therapy on the first official day of Fall & Joan Ballentyne on the 27th of September. Let’s not forget our friendly furry visits from Kugle.... that fall on Wednesdays for the remainder of the year, at 1pm. Also keep an eye on your calendars for pottery with our fun loving potter, Keith Hamilton.

For the month of **October**, we will be celebrating Thanksgiving with Paula French and her fabulous, toe-tapping style on the 6th....she is sure to put on a great show!!! This years’ **Thanksgiving** falls on **Monday October the 9th**so we **will be closed** (at home, eating too much turkey!!!!) We have **The Dundas Valley Garden Group** gracing us with their flower arrangement program on **Wednesday October 18th** and it promises to be a lot of fun. This group of wonderfully talented , and generous women come out to visit once a year and we just love having them spend the afternoon with us, along with their White Elephant sale....! So bring your pennies!!!!

Our **Annual Oktoberfest Party** will fall on **Friday October 13th** and this year we will be “oom- pah –pah” ’ing right in the Day Program area... with Aiden Purnel kicking up his heels in Oktoberfest style!

Pat Murray will be entertaining us on Monday October 16th and then we will be finishing the month off with our spooky **Halloween Party** on the 31st. Elvis will be with us swinging those sexy hips and monster-mashing it up....so dress up in your Halloween costumes and come ready to enjoy the afternoon!

November??? already?? We are going to be having Craig Manning singing for us on November 3rd and for our

Remembrance Day program..... Celebrity Productions will be with us on the on the 13th. Cameron will be here on the 23rd.....followed by our Art Therapy program on the 27th. And let’s not forget the great array of fun-filled programs in between before we start thinking of that Jolly fat fella in his red suit!

Please note, **Advisory Committee meeting will be held on Wednesday November. 1st** from 1:30-3pm in the

Family Dining Room.

December promises tons of activities and programs to celebrate the season .We will be having sing a longs, parties and much , much more. We have booked **Friday December 8th** for our **Annual Christmas Party**, so watch for our sign- up sheet..... we will be returning to Michelangelos’ at 1555 Upper Ottawa Street in Hamilton, as last years’ venue was fabulous!!! **The Escapade Trio** will be performing for us and we will also be having a flutist play while we dine. Please note that as soon as we have all of the information finalized...letters will go out to all of you with all of the festive details!!!

Aiden will be returning on the December 15th and Peter Shaw will be in on December 19th with his “billy-bong” and his brother “Reg” who happens to have a third leg!!! Joan Ballentyne will be harmonizing for us on the first day of winter (Dec. 21st) and Susan Cloete will be in on a few different days making Christmas cards with you...so get your Christmas card lists along with your mailing addresses ready!!! We will be having jolly programs throughout the month.....so be sure to keep an eye on your calendars!!!!

**Friday December 22nd is our last day before our holiday shutdown and we will be returning on
Wednesday January 3rd.**

So, on behalf of all the fun-loving staff here at the Day Program...we want to wish you a fabulous **Fall** season and wonderful Winter one, to boot!! It is just tooooo early to be wishing you a “Happy Hanukkah” and “Merry Christmas!!” But before we know it, that white fluffy stuff will be tickling our noses!!! Ahh!

See you soon, Megh. xo

