



## A.C.T.I.V.E at the Villa - Spring 2018

As we enter the spring season, there are a few things that we wanted to share with you:

**Annual Satisfaction Surveys:** We would love to hear from you! We continue to send out satisfaction surveys annually based on your start date. If you could take approximately 5-10 minutes to fill this out and send it back to us, we will be happy to review it. We utilize these comments and suggestions to improve our programming as your feedback is important to our success. Please ensure you include what you most appreciate so we keep doing it and any constructive thoughts to help our staff improve on the great job that they already do. These ideas can also lead to programming improvements, additions and deletions. We continue to strive to be the best that we possibly can.

**Client Feedback:** Do you want to know how your loved one is doing? We send out letters along with a satisfaction survey inviting you to come in and speak to our team. During these meetings, we can provide you with an update on how your loved one is doing, any changes that we have noted and more. In addition to this, we welcome your calls anytime, and will provide you with an update as requested. Please do not hesitate to call us at 905-627-3541. Group A: x2397 Group B: x2219 Group C: x2234 Special Needs: x2221

### **Annual Closure Dates:**

We would like to take this time to list some very important closure dates for 2018. We continue to be closed for all statutory holidays except for Remembrance Day. In addition to these, please note the following in your calendars:

We will be closing for our ***annual two week summer shutdown*** on Monday, July 23rd and reopening on Tuesday, August 7th (due to the Civic Holiday).

In addition to this, our ***Christmas Closure*** will begin on Monday, December 24th and reopening on Wednesday, January 2nd, 2019. Please review the monthly calendars that are sent home for notices of any important dates, closures, program news, etc. or call us if you have any questions.

**Are you feeling Sick?** We kindly ask that you refrain from coming into the day program if you are unwell. This is a community program and we would like to keep everyone as healthy as possible. When you or your loved one will be absent for the day, please call us to let us know. As the flu season continues along with other illnesses, please wash your hands frequently and we will continue to encourage everyone to do so here as well.

Sincerely,

Deborah Fernandes, Manager, Adult Day Program/Volunteers



# SPRING NEWSLETTER 2018

Goodbye winter, hello spring! Spring is finally here and the Adult Day Program is very excited. We have a lot planned for this year already! As soon as the warm weather arrives, our outdoor walks and outdoor programs will begin!

## SPRING ENTERTAINMENT

- March 7– Peter Shaw
- March 16– Jamie Todd will be here for St. Patrick’s Day!
- March 20– Wyatt Ladd
- March 29– Paula French is here to kick start Easter
- April 3– Martin Wall
- April 20– The animals are here to visit for Earth Day!
- April 25th– Cameron Caton
- May 11– Jamie Todd is here to help us celebrate Mothers Day
- May 14th– Erin Moffatt
- May 22– Aidan Purnell
- May 31– Patrick Murray is here to start June’s Seniors Month!  
Which will be followed by our first Summer BBQ.



### Upcoming Themes

- St. Patrick’s Day
- Easter
- Earth Day
- Mothers Day
- Victoria Day

“Spring is when you feel like whistling even with a shoe full of slush!”

Is It The Flu? Influenza vs The Common Cold		
FLU	CHARACTERISTIC	COMMON COLD
Sudden	ONSET OF SYMPTOMS	Gradual
Occasional	SNEEZING	Common
Early	SORE THROAT & COUGH	Mild Course, Peaking Day 2-3
Often Severe	MUSCLE ACHES	Slight
Severe	MALaise, FATIGUE	Usually Mild
Substernal, Burning, Common	CHEST SYMPTOMS	Mild If Any
6-7 Days	DURATION	3-4 Days
High (102° - 104°)	FEVER	None or Mild (Less Than 100°)

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**REMINDER:** We are closed for Good Friday (March 30), Easter Monday (April 2) and Victoria Day (May 21)

We are also looking forward to Artfully Aging Art Classes, Snoezelen Room Visits, and Horticulture Therapy!

