



# A.C.T.I.V.E AT THE VILLA ADULT DAY PROGRAM

Winter  
2015

Wow..this year has gone by quickly, but we all have made wonderful memories and enjoyed the company of one another. We truly enjoyed the annual Christmas Party and seeing everyone look so sharp all dressed up along with their family members. As we approach the change in season, there are a few things for you to keep in mind...

- ◆ As you are already aware (from the letters sent out in November), membership dues are increasing effective January 2<sup>nd</sup>, 2016. The fees will now be \$20.00 for groups A, B, C and Special Needs per day per client including the meal. These increases are due to increasing programming costs (food and supplies) and reductions in funding. If you are unable to attend the program due to illness, hospitalizations, vacation, appointment, etc., we will now be charging \$15.00 to hold your spot in the program. We thank you in advance for your understanding and support of this increase as it has been numerous years since we have had an increase such as this.
- ◆ As winter (and of course the snow) is approaching us quickly, we ask that your loved one's personal belongings such as their jackets, hats, gloves, etc. are labelled with their name. This will assist the staff during this busy season to ensure personal belongings are sent with the correct person.
- ◆ As we enter the holiday season, we also enter the cold and flu season as well. If you are feeling unwell, please refrain from coming to the program as we want to encourage a healthy environment for everyone to come to. Please call your therapeutic recreationist to report any absences.

| Program Group | Therapeutic Recreationist | Extension |
|---------------|---------------------------|-----------|
| A             | Meghan                    | 2397      |
| B             | Melissa                   | 2219      |
| C             | Marley                    | 2234      |
| D             | Karen                     | 2397      |
| Special Needs | Melanie/Elaine (PA)       | 2221      |

I would like to personally wish all of you a wonderful and Blessed Christmas and a prosperous New Year where new fond memories can be made with many laughs shared amongst all of us.

*Deborah Fernandes*



**“At Christmas play and make good cheer....for Christmas comes but once a year!”** -old English children’s song.



Hello again, everyone !!! On behalf of the Adult Day Program staff, I would like take a wee moment to thank you for all for your support in helping us support the UNITED WAY ...your generosity was overwhelming! ...so oodles of “thank yous’ “to all of you generous bakers and donators that gave your time and sweets. (my hips thank you also!!) We have a magical month ahead of us, full of Christmas warmth and cheer and we hope to see you all there!

The one and only..... Aiden Purnell will be rock’n Christmas – style for us on the 7th, Peter Shaw will be hollying it up on the 10th, and Don Dunham will be performing on the 15th. We will be carolling with Michael Kelly on or last day..the 23rd, and then that jolly fella in the red suit will be coming down the chimney! We will also be making Christmas cards with Susan and creating Christmas creations with our favourite potter, Keith.....just to name a few other holiday programs. We promise a jolly month full of fun and Christmas cheer, and a few tasty treats along the way! So keep your eyes on your calendars for all of the upcoming holiday programs, as every groups’ programs will be different.

**Our last day of 2015 will be Wednesday, December 23rd and we will be returning on Monday January 4th, 2016.....for our NEW YEARS Party. WELCOME 2016!!!!!!**

We will be ringing in the New Year with Cameron, on January the 4th for our New Years’ Celebration (so have your noise makers ready!) and on January 12th Don Dunham will be in. Good “ole Robbie Burns Day falls on Friday January 22nd, come on out for the cutting of the haggis (which is prepared locally at Opie’s ....up on Concession) and spend the afternoon with Pat Murray. We will be closing the month with new entertainment... as Rick Rathwell will be joining us, so let’s keep our fingers & toes crossed that he will have us up & dancing, tapping our toes and singing along. “Groundhog found fog. New snows and blue toes. Fine and dandy for Valentine candy. Snow spittin’; if you're not mitten-smitten, you'll be frostbitten! By jing-y feels spring-y.” — Old Farmer's Almanac

February may be a short month, but she sure is a busy one..... Our Advisory Committee Meeting falls on the first Wednesday of the month, February 3rd....so if you have any questions or concerns or brilliant ideas....please let your group representative know.

We will be celebrating Chinese New Year on The 9th, learning all about China and this wonderful holiday, with Chinese food for dinner.... so be sure to wear red that day and bring your appetites! Joan Ballentyne will be here for our Valentine’s Day Program and Paula French will be singing for us on the 15th. We will be winding down the month with the fun-loving Afternoon Singers on the 25th then we will be wishing a fond farewell to the month of February in hopes of an early **SPRING** (cross your fingers & toes!!!)

**So from all of us, to all of you....” HAPPY HOLLY-DAYS AND GOD BLESS”. “May the New Year bring health and happiness and a bit of luck too!”**

love Megh. xo. (group A)

